



**Eastern Nebraska Office on Aging
Meals on Wheels
June 2023**

				<p align="center">Thursday 6/1/2023</p> <p>BBQ Pork Rib Patty BBQ Baked Beans Diced Carrots WG Coney Bun Peaches & Strawberries 1% Milk</p>	<p align="center">Friday 6/2/2023</p> <p>Cheesy Chicken Breast Fiesta Rice Brussel Sprouts WG Breadstick/Marg Oatmeal Cream Pie 1% Milk</p>
<p align="center">Monday 6/5/2023</p> <p>Baked Cod Loin in Pesto Cream Sauce Diced Sweet Potatoes Green Peas Marble Bread/Marg Chocolate Pudding 1% Milk</p>	<p align="center">Tuesday 6/6/2023</p> <p>Country Fried Steak w/ Brown Gravy Mashed Potatoes Green Beans Vienna Bread Slice/Marg Diced Peaches 1% Milk</p>	<p align="center">Wednesday 6/7/2023</p> <p>Meatball Stroganoff w/ Egg Noodles Carrot Coins Cinnamon Applesauce Mixed Greens Petite Roll/Marg Ranch Dressing PC 1% Milk</p>	<p align="center">Thursday 6/8/2023</p> <p>All Beef Chili Dog Diced Baby Red Potatoes Cauliflower WG Hot Dog Bun Tropical Fruit 1% Milk</p>	<p align="center">Friday 6/9/2023</p> <p>Ham & Au gratin Potatoes Broccoli Pear Slices WG Dinner Roll/Marg 1% Milk</p>	
<p align="center">Monday 6/12/2023</p> <p>Sweet & Sour Chicken Brown Rice Pilaf Cabbage & Carrots Cinnamon Raisin Bread Mandarin Oranges 1% Milk</p>	<p align="center">Tuesday 6/13/2023</p> <p>Taco Meat Black Beans Glazed Pineapple Mixed Green Salad WG Hamburger Bun Dressing PC 1% Milk</p>	<p align="center">Wednesday 6/14/2023</p> <p>Sliced Roast Beef in Brown Gravy Garlic Mashed Potatoes Mixed Vegetables WG Dinner Roll/Marg Plain Cake Square 1% Milk</p>	<p align="center">Thursday 6/15/2023</p> <p>Pork Chop in Gravy Twice Baked Whip Potato Chuckwagon Corn WG Dinner Roll/Marg Banana Pudding 1% Milk</p>	<p align="center">Friday 6/16/2023</p> <p>Hamburger Patty Potato Medley Green Beans WG Hamburger Bun Rice Krispie Bar Leaf Lett & Slice Tom 1% Milk</p>	
<p align="center">Monday 6/19/2023</p> <p>10 Grain Fish Filet Stewed Tomatoes Cheesy Hashbrowns Marble Rye/Marg Fresh Orange Tartar Sauce PC 1% Milk</p>	<p align="center">Tuesday 6/20/2023</p> <p>Chicken Breast in Supreme Sauce White Citrus Rice California Blend Veggies WG Breadstick/Marg Ambrosia Fruit Salad 1% Milk</p>	<p align="center">Wednesday 6/21/2023</p> <p>Baked Ham Twiced Baked Mashed Potatoes Broccoli WG Dinner Roll/Marg Fruit Mix 1% Milk</p>	<p align="center">Thursday 6/22/2023</p> <p>Sloppy Joe Sandwich Seasoned Potato Wedges Mixed Vegetables WG Hamburger Bun Tropical Fruit Mix 1% Milk</p>	<p align="center">Friday 6/23/2023</p> <p>Turkey Tetrazini with WG Pasta Green Peas Cauliflower WG Breadstick/Marg Chocolate Chip Muffin 1% Milk</p>	
<p align="center">Monday 6/26/2023</p> <p>Ground Beef Stew with Vegetables Chuckwagon Corn Pineapple Tidbits Buttermilk Biscuit/Marg 1% Milk</p>	<p align="center">Tuesday 6/27/2023</p> <p>Italian Seafood Pasta w/ Creamy White Sauce Spring Blend Veggies Diced Pears WG Breadstick/Marg Mixed Greens Salad Dressing PC 1% Milk</p>	<p align="center">Wednesday 6/28/2023</p> <p>Mild Italian Sausage in Marinara Sauce Pepper & Onion Mix Potato Wedges Hoagie Bun Cinnamon apples 1% Milk</p>	<p align="center">Thursday 6/29/2023</p> <p>Pork Fritter w/ Gravy Mashed Potatoes Peas & Carrots WG Dinner Roll/Marg Ambrosia 1% Milk</p>	<p align="center">Friday 6/30/2023</p> <p>BBQ Chicken Breast BBQ Baked Beans Potato Medley WG Breadstick/Marg Sugar Cookie 1% Milk</p>	