

JANUARY 2026

Top January Facts!!

January is the first month of the year in both the Gregorian and Julian calendars.
National Spinning and Weaving Week includes Distaff Day celebrations on January 7.

King Cake with a Lucky Bean another traditional Epiphany dessert on January 6.

The first Super Bowl held on January 15 1967.

Epiphany Tart a traditional dessert for Epiphany on January 6.

National Hangover Day on January 1.



Thursday
1/1/2026

New Year's Day

Senior Center Closed

Friday
1/2/2026

BBQ Chicken Breast
Sandwich
Diced Potatoes
Zucchini & Tomatoes
WG Hamburger Bun
Fresh Apple
1% or Skim Milk

Monday
1/5/2026

Tuesday
1/6/2026

Wednesday
1/7/2026

Thursday
1/8/2026

Friday
1/9/2026

Straw. & Whip Cream Day
Pot Roast
over Mashed Potatoes
Mixed Vegetables
Waffle Biscuit with
Strawberries & Whip
Cream Topping
1% or Skim Milk

Breaded Chicken Sandwich
on WG Hamburger Bun
w/ Leaf Lettuce & Sliced Tomato
Potato Salad
Cinnamon Applesauce
1% or Skim Milk

Walking Beef Taco!
Taco Meat, Shred Cheese
Shred Lettuce, Diced Tomato
Fiesta Corn
WG Nacho Doritos PC
Sour Cream & Taco Sauce PCs
Oatmeal Cream Pie
1% or Skim Milk

Beef Fritter
with Country Gravy
Mashed Potatoes
Peas & Carrots
WG Dinner Roll/Marg
Fruit Cocktail
1% or Skim Milk

Apricot Day
Potato Crunch Fish Filet
Diced Sweet Potatoes
Green Beans
Pumpernickel Bread/Marg
Tartar Sauce PC
Apricot Halves
1% or Skim Milk

Monday
1/12/2026

Tuesday
1/13/2026

Wednesday
1/14/2026

Thursday
1/15/2026

Friday
1/16/2026

Salisbury Steak
with Garlic Mushroom Gravy
Whipped Potatoes
Country Blend Vegetables
Wheatberry Roll/Marg
Fresh Orange
1% or Skim Milk

WG Spaghetti in
Meat Sauce
Broccoli
Cauliflower
Italian Roll/Marg
Pineapple Tidbits
1% or Skim Milk

Sliced Roasted Beef & Gravy
Baked Potato/Sour Cream
Carrot Coins
WG Breadstick/Marg
Decorated Birthday Cake
or Plain Cake Square
1% or Skim Milk

Western Omelet in
Cheese Sauce
Potatoes O'Brien
Blueberry Muffin
Strawberries & Peaches
1% or Skim Milk

Fig Newton Day
Chicken a la King
over WG Biscuit
Green Beans
Diced Carrots
Fig Newton
1% or Skim Milk

Monday
1/19/2026

Tuesday
1/20/2026

Wednesday
1/21/2026

Thursday
1/22/2026

Friday
1/23/2026

Martin Luther King Jr.
Holiday
Senior Center Closed

Turkey Breast & Gravy
Mashed Potatoes
Brussels Sprouts
WG Dinner Roll/Marg
Sliced Pears
1% or Skim Milk

Cheeseburger on a
Wheat Hamburger Bun
w/ Leaf Lettuce, Tomato,
& Pickle Slices
Diced Potatoes
Fudge Round
or Diet Cookies
1% or Skim Milk

Meatballs in Brown Gravy
Diced Sweet Potatoes
Green Beans
WG Breadstick/Marg
Pineapple Tidbits
1% or Skim Milk

Oven Fried Chicken Breast
with Country Gravy
Garlic Mashed Potatoes
Mixed Vegetables
Cornbread Muffin Square
Honey PC
Mandarin Oranges
1% or Skim Milk

Monday
1/26/2026

Tuesday
1/27/2026

Wednesday
1/28/2026

Thursday
1/29/2026

Friday
1/30/2026

Chicken Breast with
Jerusalem Sauce
Wild Rice
Stewed Tomatoes
WG Dinner Roll/Marg
Sliced Peaches
1% or Skim Milk

Sloppy Joe Sandwich
on WG Hamburger Bun
Cheesy Hashbrowns
California Blend Veggies
Fruit Cocktail
1% or Skim Milk

Ham & Northern Beans
Winter Blend Vegetables
Cornbread/Marg
Cinnamon Apple Slices
or Plain Apple Slices
1% or Skim Milk

Tortilla Chicken Breast
Spanish Rice
Mixed Vegetables
WG Tostitos Scoops PC
Vannia Pudding
or Diet Pudding
1% or Skim Milk

Beefy WG Mac Casserole
Garlic Diced Reds
Honey Glazed Carrots
Vieanna Bread/Marg
Strawberries & Pears
1% or Skim Milk

****These Meals may contain the following allergens: Peanut, Tree Nuts, Seafood, Shellfish, Soy, Eggs, Milk, Wheat, and Sesame Seeds****