

**AUGUST DELI
DELI MENU**

Eastern Nebraska Office on Aging

ALL MENUS ARE SUBJECT TO CHANGE

				Friday 8/1/2025 Cranberry Chicken Salad on Croissant w/ Lettuce & Tomato Coleslaw Rice Krispy Treat or Diet Cookies 1% or Skim Milk
Monday 8/4/2025 Choc. Chip Cookie Day Ham & American Cheese on WG Bread w/ Lettuce & Tomato Carrot Raisin Salad Chocolate Chip Cookie or Diet Cookies 1% or Skim Milk	Tuesday 8/5/2025 Egg Salad on Vienna Bread w/ Lettuce & Tomato Marinated Vegetable Salad Cherry Vanilla Yogurt or Diet Pudding 1% or Skim Milk	Wednesday 8/6/2025 Black & Bleu Salad Roast Beef, Blue Cheese Caramelized Red Onion Mixed Greens Salad Crackers & 100% Apple Juice Apricot Halves 1% or Skim Milk	Thursday 8/7/2025 Sliced Turkey & American Cheese on Hamburger Bun w/ Lettuce & Tomato Three Bean Salad Sliced Peaches 1% or Skim Milk	Friday 8/8/2025 Nicoise Salad Diced Chicken, Diced Egg, Diced Potatoes, Grape Tomatoes & Green Beans over Mixed Greens with Greek Dressing WG Breadstick Mandarin Oranges 1% or Skim Milk
Monday 8/11/2025 Ranch Chicken Salad on Kaiser Bun w/ Lettuce & Tomato Broccoli Salad Oreo Cookies or Diet Cookies 1% or Skim Milk	Tuesday 8/12/2025 Turkey Chef Salad Diced Turkey, Diced Egg Amer. Cheese & Grape Tomatoes Mixed Greens Salad Crackers(2pk) 100% Grape Juice Strawberries & Peaches 1% or Skim Milk	Wednesday 8/13/2025 Ham Salad on Marble Bread w/ Lettuce & Tomato Three Bean Salad Decorated Birthday Cake or Plain Cake Square 1% or Skim Milk	Thursday 8/14/2025 Italian Sandwich Turkey, Ham, Pepperoni Swiss American Cheese, Red Onions, Pepperoncini on Vienna Bread Potato Salad Orange Creamsicle Pudding or Diet Pudding 1% or Skim Milk	Friday 8/15/2025 Turkey & Swiss on Kaiser Bun w/ Lettuce & Tomato Cowboy Caviar Cinnamon Pears 1% or Skim Milk
Monday 8/18/2025 Roast Beef & Swiss on WG Bread w/ Lettuce & Tomato Marinated Vegetable Salad Mandarin Oranges 1% or Skim Milk	Tuesday 8/19/2025 Crab Salad on WG Mini Hoagie Bun w/ Lettuce & Tomato Coleslaw Apricot Halves 1% or Skim Milk	Wednesday 8/20/2025 Chicken Caesar Salad w/ Caesar Dressing & Housemade Croutons over Mixed Greens Salad 100% Grape Juice Strawberries over a Sweet Biscuit 1% or Skim Milk	Thursday 8/21/2025 Ham Chef Salad Diced Ham, Diced Egg American & Grape Tomatoes over Mixed Greens Salad 100% Fruit Punch Crackers(2pk) Fresh Orange 1% or Skim Milk	Friday 8/22/2025 Philly Cheesesteak Salad Roast Beef, Peppers, Onions, Shred Cheese over Mixed Greens Salad 100% Grape Crackers(2pk) Sugar Cookie or Diet Cookies 1% or Skim Milk
Monday 8/25/2025 Cranberry Chicken Salad on Croissant w/ Lettuce & Tomato Potato Salad Sliced Pears 1% or Skim Milk	Tuesday 8/26/2025 Roast Beef, Diced Egg American & Grape Tomatoes over Mixed Greens Salad 100% Fruit Punch Crackers(2pk) Fresh Apple 1% or Skim Milk	Wednesday 8/27/2025 Turkey Chef Salad Diced Turkey, Diced Egg American & Grape Tomatoes over Mixed Green Salad 100% Fruit Punch/Crackers Fruit Cocktail 1% or Skim Milk	Thursday 8/28/2025 National Cherry Turnover Day Ham & American Cheese on WG Bread w/ Lettuce & Tomato Carrot Raisin Salad Cherry Turnover or Diet Cookies 1% or Skim Milk	Friday 8/29/2025 Classic Chef Salad Ham, Turkey, Diced Egg American & Grape Tomatoes Mixed Greens Salad 100% Fruit Punch WG Breadstick/Marg Oatmeal Cream Pie or Diet Cookies 1% or Skim Milk

****These meals may contain the following allergens: peanuts, tree nuts, seafood, shellfish, soy, eggs, milk, wheat, and sesame seeds****

Allison S. Adrian

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ENOA Division Director of Nutrition

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