



Celebrating 10 years!

- CELEBRATE OLDER NEBRASKANS
- JOIN US FOR A MORNING OF FUN
- LIFESTYLE EXPO
- HEALTH INFORMATION
- FOOD AND DRINK
- WHISPERING ROOTS FARM STAND

SEPTEMBER 18, 2026

Exclusive Baskets
 day of the **Walk-a-thon!**
 Don't miss your chance to grab one-of-a-kind baskets, available only at the event.
Must be present to win!



STEP OUT FOR SENIORS WALKATHON



The Eastern Nebraska Office on Aging (ENOA) Nutrition Division and the City of Omaha Parks and Recreation are proud to sponsor this event.

The walkathon is a fundraiser to help update programming and services at the 19 senior centers in the Eastern Nebraska area. All ages are welcome at the walkathon.

Sign-in begins at 8:30am and the walk will start at 9:00am. There will also be a Lifestyle Exposition showcasing a wide variety of products and services.

Whispering Roots will have a Farm Stand and Farmer's Market vouchers will be accepted.

Register NOW \$5 per person/if pre-registered before September 18, 2028, \$10 day of walkathon.

Registration forms can be obtained at any senior center and at enoa.org.

STEP OUT FOR SENIORS WALKATHON

 OMAHA PARKS RECREATION PUBLIC PROPERTY **2026**

BENSON PARK
 7028 Military Avenue | Omaha, NE
Friday, September 18, 2026
@ 9:00 am
 For more information Contact
Christina Ochoa, 402-444-6513
 christina.ochoa@enoa.org