



SeniorHelp



Volunteer Time Reporting Update

We are changing the way we collect volunteer hours for reporting. Previously, we had more time to collect the hours, and collected them two months in arrears. We are now required to collect the hours from just one month prior to the collection. So, as soon as the month is over, we will need to collect your time within the next two weeks.



You may get repeat emails, and for this we apologize. It will get easier as we get accustomed to collecting your hours from the month that is just finished. Some ways you can report your hours:

1. Report just after completing your task/route (as you go) by emailing seniorhelp.program@enoa.org or by calling Melissa at 402-561-2299 or
2. Report weekly or monthly using the same methods.

If you have not served a client:

- If you are matched to a client or regular route but you provided no service, please report to us "0 hours". (There is no need to report if you are **not matched** to a client or meals route that month.)

If you have any questions, please don't hesitate to email us or call 402-561-2238.

SeniorHelp Policy on Others Accompanying a Volunteer

Protecting the vulnerable adults we serve is of highest priority in our agency and in our program. That protection extends to protecting clients' names, addresses and other identifying information. Because of this, *anyone accompanying a volunteer, who is over the age of 19, is required to apply and become enrolled* in the SeniorHelp Program. Click [here](#) for our online application. You may also email us at seniorhelp.program@enoa.org or call us at 402-561-2238.

In addition, all youth under age 19 must have a parent or guardian sign a permission form in order for them to accompany a volunteer. Children age 12 and under must be supervised by an enrolled adult volunteer at all times when volunteering in any part of a client's home or yard.



We welcome your friends and family members to apply to SeniorHelp. The more volunteers we have, the more older adults we can assist!

Meals on Wheels — A Safety Net

Please remember: Do not leave a meal if you do not see or hear the Meals on Wheels recipient in the home.

If the client is not home/not answering, you must call **402-444-6766** so we can check on them. Besides providing meals to our older adult community, the program is designed to provide a safety net to our participants.

(You can give the meal to someone else on the route, keep it, or dispose of it at home.)

Thank you!



We would love to see your volunteer project pictures and share your stories!

Send your photos and/or stories to: Seniorhelp.program@enoa.org

**JULY
SENIORHELP
VOLUNTEER
ANNIVERSARIES**

ONE YEAR

Angela C.
Mary D.
Kendra F.
Joani H.
Maggie L.
Mary L.-C.
Andrew S.

TWO TO FIVE YEARS

EJ G.
Christal K.
Paul K.
Joan K.
Leslie M.
Mark M.
Kent S.

SIX TO NINE YEARS

Tess A.
Yuri B.
Michelle B.
Michael K.
Linda R.
Lashawnda W.

**ELEVEN TO
FOURTEEN YEARS**

Rod H.
Joe S.
Katie T.

SEVENTEEN YEARS

Bob S.



Easy Any-Juice Ice Pops

From: Marthastewart.com

Ingredients:

- * 1/3 cup sugar
- * 2 cups fruit juice, nectar, or puree, such as watermelon, grapefruit or pineapple



Directions:

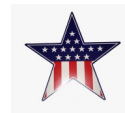
1. In a small saucepan, bring sugar and 1/3 cup water to a boil over high heat, stirring until sugar dissolves. Transfer to a 4-cup liquid measuring cup or medium bowl and refrigerate until cool, 30 minutes.
2. Stir in juice. Pour mixture into eight 3-oz. ice pop molds or small, paper drink cups. Insert ice-pop sticks and freeze until solid, 6 hours. Keeps in freezer up to 2 weeks.

Notes of Appreciation...

SeniorHelp volunteer **Larry S.** recently did some yard work for a client, **Jo Ellen H.** She called and left a message thanking Larry for all he had done:

"Larry, the volunteer has done some yard work for me. It was hot, but he came and did what I asked. He did a wonderful, wonderful job. He left and I did not get a chance to thank him. Please pass on to Larry my extreme gratitude."

It has been a hot and difficult summer weather-wise. We applaud all of you who continue to help keep lawns mown and other yard work tasks completed! You are making a big difference!



**THE SENIORHELP
PROGRAM**

**EASTERN NEBRASKA
OFFICE ON AGING**

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*SeniorHelp is sponsored by the
Eastern Nebraska
Office on Aging*

www.enoa.org

Meals on Wheels is hiring paid drivers, and is looking for volunteer meal delivery drivers as well. Let us know if you, a friend, or a family member is interested. Thank you!