

JUNE CONG

ENOA Congregate Menu 2025

ALL MENUS ARE SUBJECT TO CHANGE

Reservations must be placed center at least 24 hours before meal service.

Monday 6/2/2025	Tuesday 6/3/2025	Wednesday 6/4/2025	Thursday 6/5/2025	Friday 6/6/2025
Country Fried Steak w/ Country Gravy Mashed Potatoes Green Beans Vienna Bread Slice/Marg Mandarin Oranges 1% or Skim Milk	National Egg Day Western Omelet in Cheese Sauce Breakfast Potatoes Peppers & Onions Sweet Biscuit/Marg Pineapple Tidbits 1% or Skim Milk	Chicken Breast in Creamy Pesto Sauce Potato Medley Stewed Tomatoes WG Breadstick/Marg Fudge Round or Diet Cookies 1% or Skim Milk	Cheeseburger with American Cheese Lettuce, Tomato, Onion & Pickles on an Onion Poppy Bun Diced Sweet Potatoes Sliced Pears 1% or Skim Milk	Ham & Au gratin Potatoes Broccoli Carrot Coins WG Dinner Roll/Marg Nutty Buddy Stick or Diet Cookies 1% or Skim Milk
Monday 6/9/2025	Tuesday 6/10/2025	Wednesday 6/11/2025	Thursday 6/12/2025	Friday 6/13/2025
Sweet & Sour Chicken Breast Wild Rice Broccoli Cuts Cinnamon Raisin Bread/Marg Tropical Fruit Mix 1% or Skim Milk	WG Spaghetti with Ground Beef Brussels Sprouts Mixed Greens Side Salad Dressing PC WG Breadstick/Marg Cinnamon Apples 1% or Skim Milk	Sliced Roast Beef in Brown Gravy Garlic Mashed Potatoes Mixed Vegetables WG Dinner Roll/Marg Decorated Birthday Cake or Plain Cake Square 1% or Skim Milk	Pork Chop in Country Gravy Twice Baked Whipped Potato Chuckwagon Corn WG Dinner Roll/Marg Sliced Peaches 1% or Skim Milk	All Beef Chili Dog w/ Shredded Cheese Potato Wedges Cauliflower WG Hot Dog Bun Rice Krispie Bar or Diet Cookies 1% or Skim Milk
Monday 6/16/2025	Tuesday 6/17/2025	Wednesday 6/18/2025	Thursday 6/19/2025	Friday 6/20/2025
Potato Crunch Fish Filet Stewed Tomatoes Cheesy Hashbrowns Marble Rye/Marg Fresh Orange Tartar Sauce PC 1% or Skim Milk	Oven Fried Chicken Breast with Country Gravy Cheesy Mashed Potatoes California Blend Vegetables WG Breadstick/Marg Fruit Fluff 1% or Skim Milk	Baked Ham Diced Sweet Potatoes Cheesy Broccoli Hearth Roll/Marg Apricot Halves 1% or Skim Milk	Sloppy Joe Sandwich on WG Hamburger Bun Potato Wedges Mixed Vegetables Tropical Fruit Mix 1% or Skim Milk	Turkey Tetrazzini with WG Pasta Brussels Sprouts Carrot Coins WG Breadstick/Marg Choc. Choc. Chip Muffin 1% or Skim Milk
Monday 6/23/2025	Tuesday 6/24/2025	Wednesday 6/25/2025	Thursday 6/26/2025	Friday 6/27/2025
Chicken Breast in Creamy Spinach & Artichoke Sauce Wild Rice Cauliflower WG Breadstick/Marg Diced Pears 1% or Skim Milk	Cheesy Fiesta Beef Burrito Bowl with Brown Rice & Pinto Beans Sour Cream PC Strawberries & Peaches 1% or Skim Milk	Pork Fritter with Country Gravy Mashed Potatoes Peas & Carrots WG Dinner Roll/Marg Cinnamon Apples 1% or Skim Milk	National Choc. Pudding Day Mild Italian Sausage in Marinara Sauce Pepper & Onion Mix Potato Wedges Hoagie Bun Chocolate or Diet Pudding 1% or Skim Milk	BBQ Chicken Breast BBQ Baked Beans Cheesy Mashed Potatoes WG Breadstick/Marg Sugar Cookie or Diet Cookies 1% or Skim Milk
Monday 6/30/2025				
Ground Beef Stew with Vegetables Chuckwagon Corn Buttermilk Biscuit/Marg Pineapple Tidbits 1% or Skim Milk	<p>June Fun Fact: The solstice on Friday, June 20, 2025, happens at the same instant for all of us, everywhere on Earth; only our clocks are different, in the eastern United States. The summer solstice is the "longest" day of the year in the Northern Hemisphere.</p>			

These Meals may contain the following allergens: peanuts, tree nuts, seafood, shellfish, soy, eggs, milk, wheat, sesame seeds

Ulison S. Adrian ~ Division Director of Nutrition ~ ENOA