Eastern Nebraska Office on Aging June 2022 Deli Menus

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- It's		6/1/2022	6/2/2022	6/3/2022
		Ham & Swiss on	Roast Beef & Swiss on	BLT Salad
		1/2 Ciabatta Bun	WG Bread	Chopped Bacon, Diced Tomato
		w/ Lettuce & Tomato	w/ Lettuce & Tomato	& Mixed Greens
		Potato Salad	Pea Salad	Housemade Croutons
		Fruit Cocktail	Peaches & Strawberries	100% Fruit Punch
	· lime	1% or Skim Milk	1% or Skim Milk	Oatmeal Cream Pie
				or Diet Cookies
				1% or Skim Milk
Monday	Tuesday	Wednesday	Thursday	Friday
6/6/2022	6/7/2022	6/8/2022	6/9/2022	6/10/2022
Deli Chicken & American	Three Meat Hoagie	Egg Salad on	Greek Chicken Salad	Roast Beef & Cheddar
Cheese on Vienna Bread	Turkey, Ham, Roast Beef	Croissant	Diced Chicken, Cucumber	on Kaiser Bun
w/ Lettuce & Tomato	American Cheese	w/ Lettuce & Tomato	& Tomato over Mixed Greens	w/ Lettuce & Tomato
Potato Salad	w/ Lettuce & Tomato	Marinated Vegetable Salad	w/ Greek Feta Dressing	Marinated Vegetable Salad
Chocolate Pudding	Coleslaw	Decorated Birthday Cake	Crackers(2pks)	Cinnamon Pear Slices
or Diet Pudding	Diced Peaches	or Plain Cake Square	100% Fruit Punch Juice	1% or Skim Milk
1% or Skim Milk	1% or Skim Milk	1% or Skim Milk	Tropical Fruit	
			1% or Skim Milk	
Monday	Tuesday	Wednesday	Thursday	Friday
6/13/2022	6/14/2022	6/15/2022	6/16/2022	6/17/2022
Classic Chef Salad	Ham & Cheddar on	Chicken Salad on	Chicken Caesar Salad	Teriyaki Chicken Strips
Turkey, Ham, Diced Egg	Wheat Bread	Croissant	w/ Caesar Dressing	Shredded Carrots & Chow
American & Grape Tomatoes	w/ Lettuce & Tomato	w/ Lettuce & Tomato	over Mixed Greens	Mein Noodles over Mixed
over Mixed Greens	Cowboy Caviar	Broccoli Salad	Housemade Croutons	Greens with Asian Dressing
Crackers (2pk)	Glazed Pineapple	Cinnamon Applesauce	100% Grape Juice	Crackers(2pks)
100% Apple Juice	or Pineapple Tidbits	1% or Skim Milk	Banana Pudding	100% Orange Juice
Mandarin Oranges	1% or Skim Milk		or Diet Pudding	Rice Krispie Bar or Diet Cookeis
1% or Skim Milk			1% or Skim Milk	1% or Skim Milk
Monday	Tuesday	Wednesday	Thursday	Friday
6/20/2022	6/21/2022	6/22/2022	6/23/2022	6/24/2022
Chicken Salad	Black & Bleu Salad	Turkey Chef Salad	Crab Salad on	Creamy Cheese Tortellini
on Honey Wheat Bread	Roast Beef, Blue Cheese	Diced Turkey, Diced Egg	Marble Bread	over Mixed Greens
w/ Lettuce & Tomato	Caramelized Red Onion	Amer. Cheese & Grape Tomatoes	w/ Lettuce & Tomato	w/ Grape Tomato & Black Olive
Potato Salad	over Mixed Greens	over Mixed Greens	Cowboy Caviar	Crackers(2pk)
Fresh Orange	Tomato Wedges	Crackers(2pk)	Tropical Fruit Mix	Chocolate Chip Muffin
1% or Skim Milk	Crackers & 100% Grape Juice	100% Fruit Punch	1% or Skim Milk	or Fig Newtons
	Ambrosia Fruit Salad	Fruit Mix		1% or Skim Milk
	1% Milk or Skim Milk	1% or Skim Milk		
Monday	Tuesday	Wednesday	Thursday	
6/27/2022	6/28/2022	6/29/2022	6/30/2022	
Chicken Pasta Salad	Roast Beef Chef Salad	Greek Chicken Salad	Roast Beef & Cheddar	
over Mixed Greens	Roast Beef, Diced Egg	Diced Chicken, Cucumber	on Kaiser Bun	ENOA Nutrition Services
Sweet Potato Salad	Amer. Cheese & Grape Tomatoes	& Tomato over Mixed Greens	w/ Lettuce & Tomato	Celebrating
Housemade Croutons	over Mixed Greens	w/ Greek Feta Dressing	Marinated Vegetable Salad	
Fruit Cobbler	Crackers(2pk)	Crackers (2pk)	Diced Peaches	
or Fruit Mix	100% Apple Juice	100% Fruit Punch Juice	1% or Skim Milk	Years
1% or Skim Milk	Diced Pears	Cinnamon Apples		
	1% or Skim Milk	1% or Skim Milk		

Final 2/16/2022

1% or Skim Milk 1% or Skir Salad Dressing and Condiments available at senior center

Menu subject to change