

**Eastern Nebraska Office on Aging
Deli Menus
July 2022**

				<p align="center">Friday 7/1/2022</p> <p>Roast Beef Chef Salad Roast Beef, Diced Egg American & Grape Tomatoes over Mixed Greens Salad 100% Fruit Punch Crackers(2pk) Fresh Mixed Melon 1% or Skim Milk</p>
<p align="center">Monday 7/4/2022</p>	<p align="center">Tuesday 7/5/2022</p>	<p align="center">Wednesday 7/6/2022</p>	<p align="center">Thursday 7/7/2022</p>	<p align="center">Friday 7/8/2022</p>
<p align="center">HAPPY 4TH OF JULY</p> <p align="center">Senior Centers Closed</p>	<p>Turkey & Cheddar on WG Bread w/ Lettuce & Tomato Pea Salad Butterscotch Pudding or Diet Pudding 1% or Skim Milk</p>	<p>Italian Sandwich Turkey, Ham, Pepperoni Swiss American Cheese, Red Onions, Peperoncinis on Vienna Bread Sweet Potato Salad Mandarin Oranges 1% or Skim Milk</p>	<p>Black & Bleu Salad Roast Beef, Blue Cheese Caramelized Red Onion Mixed Greens Salad Crackers & 100% Apple Juice Sugar Cookie or Diet Cookies 1% or Skim Milk</p>	<p>Cranberry Chicken Salad on Croissant w/ Lettuce & Tomato Potato Salad Peaches 1% or Skim Milk</p>
<p align="center">Monday 7/11/2022</p>	<p align="center">Tuesday 7/12/2022</p>	<p align="center">Wednesday 7/13/2022</p>	<p align="center">Thursday 7/14/2022</p>	<p align="center">Friday 7/15/2022</p>
<p>Classic Chef Salad Ham, Turkey, Diced Egg American & Grape Tomatoes 100% Fruit Punch WG Breadstick/Marg Tropical Fruit 1% or Skim Milk</p>	<p>Ranch Chicken Salad on Kaiser Bun w/ Lettuce & Tomato Three Bean Salad Applesauce 1% or Skim Milk</p>	<p>Roast Beef & Swiss on WG Hamburger Bun w/ Lettuce & Tomato Broccoli Salad Decorated Birthday Cake or Plain Cake Square 1% or Skim Milk</p>	<p>Creamy Cheese Tortellini over Mixed Greens Salad Grape Tomatoes & Black Olives Housemade Croutons Rice Krispie Bar 1% or Skim Milk</p>	<p>Ham Salad on Rye Bread w/ Lettuce & Tomato Cowboy Caviar Strawberries & Pineapple 1% or Skim Milk</p>
<p align="center">Monday 7/18/2022</p>	<p align="center">Tuesday 7/19/2022</p>	<p align="center">Wednesday 7/20/2022</p>	<p align="center">Thursday 7/21/2022</p>	<p align="center">Friday 7/22/2022</p>
<p>Sliced Ham & American Cheese on Hamburger Bun w/ Lettuce & Tomato Three Bean Salad Fudge Round or Diet Cookies 1% or Skim Milk</p>	<p>Classic Chef Salad Ham, Turkey, Diced Egg American & Grape Tomatoes 100% Apple Juice WG Breadstick Apricot Halves 1% or Skim Milk</p>	<p>Tuna Salad on WG Bread w/ Lettuce & Tomato Pea Salad Ambrosia Salad 1% or Skim Milk</p>	<p>BLT Supreme Salad Diced Turkey, Chopped Bacon Diced Tomato & Shred Cheese over Mixed Greens Salad Crackers(2pks) Vegetable Juice Applesauce 1% or Skim Milk</p>	<p>Roast Beef & Cheddar on Vienna Bread w/ Lettuce & Tomato Three Bean Salad Chocolate Chip Cookie or Diet Cookies 1% or Skim Milk</p>
<p align="center">Monday 7/25/2022</p>	<p align="center">Tuesday 7/26/2022</p>	<p align="center">Wednesday 7/27/2022</p>	<p align="center">Thursday 7/28/2022</p>	<p align="center">Friday 7/29/2022</p>
<p>Philly Cheesesteak Salad Roast Beef, Peppers, Onions, Shred Cheese over Mixed Greens Salad Crackers(2pk) 100% Apple Juice Diced Pears 1% or Skim Milk</p>	<p>Chicken Caesar Salad w/ Caesar Dressing & Housemade Croutons over Mixed Greens Salad 100% Grape Juice Pineapple 1% or Skim Milk</p>	<p>Egg Salad on Vienna Bread w/ Lettuce & Tomato Marinated Vegetable Salad Vanilla Pudding or Diet Pudding 1% or Skim Milk</p>	<p>Roast Beef Chef Salad Roast Beef, Diced Egg American & Grape Tomatoes over Mixed Greens Salad 100% Grape Juice/Crackers Strawberry Shortcake or Plain Cake Square 1% or Skim Milk</p>	<p>Ham Chef Salad Diced Ham, Diced Egg Amer. Cheese & Grape Tomatoes Mixed Greens Salad Crackers(2pk) 100% Fruit Punch Cinnamon Apple Slices or Plain Applesauce 1% or Skim Milk</p>

Final 5/27/2022

*Salad dressing and Condiments available at senior centers

Menus subject to change