

**MAY DELI**

**ENOA Congregate Menu 2025**

**ALL MENUS ARE SUBJECT TO CHANGE**

Reservations must be placed center at least 24 hours before meal service.

 <p><b>The name "May" is believed to come from the Greek goddess Maia, who was associated with spring and growth.</b></p>			<p><b>Thursday</b> 5/1/2025</p> <p>Roast Beef &amp; Swiss on WG Bread w/ Lettuce &amp; Tomato Coleslaw Cinnamon Applesauce 1% or Skim Milk</p>	<p><b>Friday</b> 5/2/2025</p> <p>Tuna Salad on Honey Wheat Bread w/ Lettuce &amp; Tomato Potato Salad Moon Pie or Diet Cookie 1% or Skim Milk</p>
			<p><b>Monday</b> 5/5/2025</p> <p>Turkey &amp; Swiss on Sweet Bun w/ Lettuce &amp; Tomato Three Bean Salad Rice Pudding or Diet Pudding 1% or Skim Milk</p>	<p><b>Tuesday</b> 5/6/2025</p> <p>Tuna Salad on Croissant w/ Lettuce &amp; Tomato Carrot Raisin Salad Apricot Halves 1% or Skim Milk</p>
<p><b>Monday</b> 5/12/2025</p> <p>Egg Salad on Croissant w/ Lettuce &amp; Tomato Coleslaw Fruit Cocktail 1% or Skim Milk</p>	<p><b>Tuesday</b> 5/13/2025</p> <p>Black &amp; Bleu Salad Roast Beef, Blue Cheese Caramelized Red Onion over Mixed Greens with Grape Tomatoes Crackers &amp; 100% Grape Juice Diced Peaches 1% or Skim Milk</p>	<p><b>Wednesday</b> 5/14/2025</p> <p>Turkey Chef Salad Diced Turkey, Diced Egg Amer. Cheese &amp; Grape Tomatoes over Mixed Greens Crackers(2pks) 100% Grape Juice Birthday Cake or Plain Cake 1% or Skim Milk</p>	<p><b>Thursday</b> 5/15/2025</p> <p>Three Meat Hoagie Turkey, Ham, Roast Beef American Cheese w/ Lettuce &amp; Tomato Pea Salad Pineapple Tidbits 1% or Skim Milk</p>	<p><b>Friday</b> 5/16/2025</p> <p>Turkey Pesto Sandwich w/ Swiss Cheese on Vienna Bread w/ Lettuce &amp; Tomato Carrot Raisin Salad Butterscotch Pudding or Diet Pudding 1% or Skim Milk</p>
<p><b>Monday</b> 5/19/2025</p> <p>Ham &amp; American Cheese on WG Bread w/ Lettuce &amp; Tomato Carrot Raisin Salad Oatmeal Cream Pie or Diet Cookies 1% or Skim Milk</p>	<p><b>Tuesday</b> 5/20/2025</p> <p>Oriental Salad with Chicken, Shred Carrots, Mandarin Oranges, Green Peppers, Chow Mein Noodles &amp; Asian Dressing over Mixed Greens Strawberries &amp; Peaches 1% or Skim Milk</p>	<p><b>Wednesday</b> 5/21/2025</p> <p>Chicken Salad on Croissant w/ Lettuce &amp; Tomato Potato Salad Pineapple Tidbits 1% or Skim Milk</p>	<p><b>Thursday</b> 5/22/2025</p> <p>Chicken Caesar Salad w/ Caesar Dressing over Mixed Greens Housemade Croutons 100% Grape Juice Cinnamon Applesauce 1% or Skim Milk</p>	<p><b>Friday</b> 5/23/2025</p> <p>Monte Cristo Sandwich w/ Ham, Turkey, Swiss Cheese &amp; Raspberry Preserves on French Toast Potato Salad Sliced Pears 1% or Skim Milk</p>
<p><b>Monday</b> 5/26/2025</p> <p>Memorial Day Senior Center is Closed</p>	<p><b>Tuesday</b> 5/27/2025</p> <p>Ham &amp; Swiss on Poppy Seed Bun w/ Lettuce &amp; Tomato Potato Salad Fruit Cocktail 1% or Skim Milk</p>	<p><b>Wednesday</b> 5/28/2025</p> <p>Turkey &amp; Swiss on Vienna Bread w/ Lettuce &amp; Tomato Coleslaw Apricot Halves 1% or Skim Milk</p>	<p><b>Thursday</b> 5/29/2025</p> <p>Roast Beef &amp; Swiss on WG Bread w/ Lettuce &amp; Tomato Pea Salad Strawberries &amp; Mango 1% or Skim Milk</p>	<p><b>Friday</b> 5/30/2025</p> <p>BLT Supreme Salad Diced Chicken, Chopped Bacon Diced Tomato &amp; Mixed Greens WG Breadstick/Marg 100% Fruit Punch WG Confetti Cookie or Diet Cookies 1% or Skim Milk</p>



**\*\*These Meals may contain the following allergens: peanuts, tree nuts, seafood, shellfish, soy, eggs, milk, wheat, sesame seeds\*\***

*Allison S. Adrian ~ Division Director of Nutrition ~ ENOA*