Eastern Nebraska Office on Aging

Monday 1/1/2024 1/1/2	Tortellini ens Salad b Black Olives 2pk) ar Milk A Salad Cucumber ked Greens Dressing 2pk) ch Juice ttail
Three Meat Hoagie Turkey, Ham, Roast Beef & American Cheese on Wheat Hoagie Bun Wedges alad Mandarin Oranges 1% or Skim Milk Monday 1/8/2024 Egg Salad on Croissant W Lettuce & Tomato Three Bean Salad Cinnamon Applesauce 1% or Skim Milk Monday Three Bean Salad Cinnamon Applesauce 1% or Skim Milk Monday Three Bean Salad Cinnamon Applesauce 1% or Skim Milk Monday Three Bean Salad Cinnamon Raisin Bread Crackers (2pk) Mixed Greens Salad Crackers (2pk) Pineapple Tidbits Fresh Pe 100% Fruit Punch Juice Sugar or Diet Cookie 1% or Skim Milk Mentarin Oranges 1/8 or Skim Milk Monday 1/8/2024 Three Bean Salad Cinnamon Raisin Bread Crackers (2pk) Pineapple Tidbits Tree Bean Salad Chopped Bacon, Dice Tomato over Mixed Greens Salad Chopped Bacon, Dice Tomato over Mixed Greens Salad Croutons Croutons Croutons Three Meat Hoagie Amer. Cheese & Grape Tomatoes Over Mixed Greens Salad Chopped Bacon, Dice Tomato over Mixed Greens Salad Croutons Over Mixed Greens Salad Chopped Bacon, Dice Tomato over Mixed Greens Salad Chopped Bacon, Dice Tomato over Mixed Greens Salad Croutons Over Mixed Greens Salad Chopped Bacon, Dice Tomato over Mixed Greens Salad Croutons Over Mixed Greens Salad Chopped Bacon, Dice Tomato over Mixed Greens Salad Chopped Bacon, Dice Tomato over Mixed Greens Salad Crackers (2pk) Amer. Cheese & Grape Tomatoes Over Mixed Greens Salad Chopped Bacon, Dice Tomato over	Tortellini ens Salad k Black Olives 2pk) ar Milk A Salad Cucumber ked Greens Dressing 2pk) ch Juice tail
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Monday 1/15/2024 1/16/2024 1/16/2024 1/17/2024 1/17/2024 1/18/2024	
Monday 1/15/2024 1/16/2024 1/16/2024 1/17/2024 1/17/2024 1/18/2024 1/18/2024 1/18/2024 1/18/2024 1/18/2024 1/19/202 Sliced Ham & American on Wheat Bread W/ Lettuce & Tomato Coleslaw Coleslaw Pear Slices Mednesday 1/17/2024 1/18/2024 1	Milk
1/15/2024 1/16/2024 1/16/2024 1/17/2024 1/18/2024 1/18/2024 1/19/202 Sliced Ham & American On Wheat Bread Oiced Turkey, Diced Egg W/ Lettuce & Tomato Coleslaw Coleslaw Pear Slices 1/16/2024 1/18/2024 1/18/2024 Roast Beef & Swiss on Turkey & Che With Leaf Lettuce W/ Lettuce & Tomato On 1/2 Ciab Carrot Raisin Salad Marinated Vegeta Strawberries & Chocolate Chip Cookie Strawberries &	IVIIIX
Sliced Ham & American On Wheat Bread W/ Lettuce & Tomato Coleslaw Pear Slices Sliced Ham & American On Wheat Bread On Wheat B	
Martin Luther King Jr. Holiday on Wheat Bread w/ Lettuce & Tomato Coleslaw Pear Slices Diced Turkey, Diced Egg Amer. Cheese & Grape Tomatoes Crackers (2pk) Carrot Raisin Salad Marinated Vegeta Strawberries & Chocolate Chip Cookie Strawberries &	
Holiday W/ Lettuce & Tomato Coleslaw Pear Slices W/ Lettuce & Tomato Crackers (2pk) Pear Slices Marinated Vegeta Chocolate Chip Cookie Strawberries & Chocolate Chip Cookie	eddar
Coleslaw Crackers (2pk) Carrot Raisin Salad Marinated Vegeta Pear Slices 100% Fruit Punch Juice Chocolate Chip Cookie Strawberries &	& Tomato
Pear Slices 100% Fruit Punch Juice Chocolate Chip Cookie Strawberries &	atta
Pear Slices 100% Fruit Punch Juice Chocolate Chin Cookie Strawberries &	able Salad
Senior Center Closed	Mango
1% or Skim Milk Fresh Banana or Diet Cookie 1% or Skim	Milk
1% or Skim Milk 1% or Skim Milk	
Monday Tuesday Wednesday Thursday Friday	
1/22/2024 1/23/2024 1/24/2024 1/25/2024 1/26/202	
Chicken Caesar Salad Ham & American Cheese Roast Beef & Swiss Three Meat Hoagie Ham Chef S	
w/ Caesar Dressing Cheese on Vienna Bread on WG Bread Turkey, Ham, Roast Beef & Diced Ham, Diced Ha	ced Egg
Croutons w/ Lettuce & Tomato w/ Lettuce & Tomato American Cheese on Amer. Cheese & Gra	
Mixed Greens Entrée Salad Carrot Raisin Salad Potato Salad Wheat Hoagie Bun Crackers (2	-
100% Grape Juice Diced Peaches Peanut Butter Cookie w/ Leaf Lettuce & Tomato 100% Grape	• •
Banana Pudding or 1% or Skim Milk or Diet Cookies Coleslaw Fudge Rou	
Diet Pudding 1% or Skim Milk Pineapple Tidbits or Diet Coo	
1% or Skim Milk 1% or Skim Milk 1% or Skim	
Monday Tuesday Wednesday	
1/29/2024 1/30/2024 1/31/2024	
Creamy Crab & Baby Shrimp Classic Chef Salad Roast Beef Chef Salad	
Macaroni Salad Turkey, Ham, Diced Egg Roast Beef & Diced Egg	
on Mixed Greens Entrée Salad Amer. Cheese & Grape Tomatoes Amer. Cheese & Grape Tomatoes	
Tomato Wedges Mixed Greens Entrée Salad Mixed Greens Entrée Salad	
Crackers(2pk) Crackers (2pk) Crackers (2pk)	
Sliced Peaches 100% Apple Juice 100% Apple Juice	
1% Milk Fruit Cocktail Cinnamon or Plain Apple Slices	
1% or Skim Milk 1% or Skim Milk	

Allison S. Adrian

Allison S. Adrian, CDM, CFPP Nutrition Services Division Director