

Monday 1/1/2024	Tuesday 1/2/2024	Wednesday 1/3/2024	Thursday 1/4/2024	Friday 1/5/2024
 New Year's Day Senior Center Closed	Three Meat Hoagie Turkey, Ham, Roast Beef & American Cheese on Wheat Hoagie Bun w/ Leaf Lettuce & Tomato Marinated Vegetable Salad Mandarin Oranges 1% or Skim Milk	Roast Beef Chef Salad Roast Beef & Diced Egg Amer. Cheese & Grape Tomatoes Mixed Greens Salad Crackers (2pk) 100% Fruit Punch Juice Sugar or Diet Cookie 1% or Skim Milk	Cranberry Chicken Salad with Grapes on Cinnamon Raisin Bread Coleslaw Pineapple Tidbits 1% or Skim Milk	Creamy Cheese Tortellini over Mixed Greens Salad w/ Grape Tomatoes & Black Olives Crackers (2pk) Fresh Pear 1% or Skim Milk
Monday 1/8/2024	 Tuesday 1/9/2024 	Wednesday 1/10/2024	Thursday 1/11/2024	Friday 1/12/2024
Egg Salad on Croissant w/ Lettuce & Tomato Three Bean Salad Cinnamon Applesauce 1% or Skim Milk	 BLT Salad Chopped Bacon, Dice Tomato over Mixed Greens Salad Croutons 100% Grape Juice Apricot Halves 1% or Skim Milk	Classic Chef Salad Turkey, Ham, Diced Egg Amer. Cheese & Grape Tomatoes over Mixed Greens Salad Crackers (2pk) 100% Apple Juice Birthday Cake or Plain Cake 1% Milk	Chicken Pasta Salad over Mixed Greens Salad Tomato Wedges Croutons Ambrosia Salad 1% or Skim Milk	Greek Chicken Salad Diced Chicken, Cucumber & Tomato over Mixed Greens w/ Greek Feta Dressing Crackers (2pk) 100% Fruit Punch Juice Fruit Cocktail 1% or Skim Milk
Monday 1/15/2024	Tuesday 1/16/2024	Wednesday 1/17/2024	Thursday 1/18/2024	Friday 1/19/2024
 Martin Luther King Jr. Holiday Senior Center Closed	Sliced Ham & American on Wheat Bread w/ Lettuce & Tomato Coleslaw Pear Slices 1% or Skim Milk	 Turkey Chef Salad Diced Turkey, Diced Egg Amer. Cheese & Grape Tomatoes Crackers (2pk) 100% Fruit Punch Juice Fresh Banana 1% or Skim Milk	Roast Beef & Swiss on Marble Bread w/ Lettuce & Tomato Carrot Raisin Salad Chocolate Chip Cookie or Diet Cookie 1% or Skim Milk	Turkey & Cheddar with Leaf Lettuce & Tomato on 1/2 Ciabatta Marinated Vegetable Salad Strawberries & Mango 1% or Skim Milk
Monday 1/22/2024	Tuesday 1/23/2024	Wednesday 1/24/2024	Thursday 1/25/2024	Friday 1/26/2024
 Chicken Caesar Salad w/ Caesar Dressing Croutons Mixed Greens Entrée Salad 100% Grape Juice Banana Pudding or Diet Pudding 1% or Skim Milk	Ham & American Cheese Cheese on Vienna Bread w/ Lettuce & Tomato Carrot Raisin Salad Diced Peaches 1% or Skim Milk	Roast Beef & Swiss on WG Bread w/ Lettuce & Tomato Potato Salad Peanut Butter Cookie or Diet Cookies 1% or Skim Milk	Three Meat Hoagie Turkey, Ham, Roast Beef & American Cheese on Wheat Hoagie Bun w/ Leaf Lettuce & Tomato Coleslaw Pineapple Tidbits 1% or Skim Milk	Ham Chef Salad Diced Ham, Diced Egg Amer. Cheese & Grape Tomatoes Crackers (2pk) 100% Grape Juice Fudge Round or Diet Cookies 1% or Skim Milk
Monday 1/29/2024	Tuesday 1/30/2024	Wednesday 1/31/2024		
Creamy Crab & Baby Shrimp Macaroni Salad on Mixed Greens Entrée Salad Tomato Wedges Crackers(2pk) Sliced Peaches 1% Milk	Classic Chef Salad Turkey, Ham, Diced Egg Amer. Cheese & Grape Tomatoes Mixed Greens Entrée Salad Crackers (2pk) 100% Apple Juice Fruit Cocktail 1% or Skim Milk	Roast Beef Chef Salad Roast Beef & Diced Egg Amer. Cheese & Grape Tomatoes Mixed Greens Entrée Salad Crackers (2pk) 100% Apple Juice Cinnamon or Plain Apple Slices 1% or Skim Milk		

Allison S. Adrian

Allison S. Adrian, CDM, CFPP
 Nutrition Services Division Director