Intercultural SENIOR CENTER		FEBRUARY 2025	* Calend	* Calendar is subject to change without notice	
Monday	Tuesday	Wednesday	Thursday	Friday	
3		4 5		6	
Beef & Black Bean Taco Soup	Beef Goulash	Pork Quesadilla	Fish Tacos w/ Flour Tortilla	Sweet and Sour Chicken	
w/ Bell Pepper, Tomato & Onions	Cesar Salad	w/ Tomatoe & Lettuce	Pico De Gallo	w/ Bell Peppers & Onions	
Corn in the Cob	Garlic Bread	Refried Beans	Yellow Rice	White Rice	
Dinner Roll	Grapes	Apple Slice	Pineapple	Banana	
Orange	Milk	Milk	Milk	Dinner Roll	
Milk				Milk	
10		11 12		13	
Chicken Tinga Tostadas	Baked Pork Chop	Ham and Potato Cheddar Soup	Spaguetti & Meatballs	Shrimp Fried Rice w/ Veggies	
Lettuce, Tomatoe & Sour Cream	Mashed Potatoe & Gravy	Grilled Cheese Sandwich	Cesar Salad	Cucumber Salad	
White Rice	Steamed Broccoli	Carrots	Garlic Bread	Wheat Bread	
Mix Fruit	Dinner Roll	Grapes	Pineapple	Mix Fruit	
Milk	Banana	Milk	Milk	Milk	
	Milk				
17		18 19		20	
Beef Fajitas	Fried Chicken	Pork Quesdailla	Beef Soup	Chicken Lo Mein	
w/ Bell Pepper, Tomato & Onions	Mashed Potatoe & Gravy	w/ Shredded Lettuce, tomatoe & Sour Cream	w/ potatoes, carrots & Green Beans	w/ Bell Peppers ,Onions, Cabbage & Carrot	
Refried Beans	Green Beans	Corn in a Cob	Yellow Rice	Steamed Broccoli	
Tortilla	Dinner Toll	Grapes	Tortilla	Cucumber Salad	
Orange	Milk	Milk	Apple Slices	Sliced Bread	
Milk			Milk	Milk	
2.4		25 26		27	
Shredded Chicken Soup	Pepperoni Pizza	Baked Pork Chop	Spaguetti w/ Meatballs	Beef & Broccoli	
w/ Potatoes & Carrots	Cesar Salad	w/ Mashed Potato & Gravy	Cesar Salad	White Rice	
White Rice	Carrots	Sweet Corn	Pineapple	Apple Slices	
Green Beans & Tomatoes Salad	Grapes Milk	Fruit Cocktail Dinner Roll	Garlic Bread	Dinner Roll	
Cracker Milk	WIIK	Milk	Milk	Milk	
WIIK		WHIK			
DI FA	SE NOTE: THESE MEALS MAY CONTAIN T	HE FOLLOWING ALLERGENS * Peanuts * Tree Nuts	* Seafood* Shellfish * Sov * Eggs * Milk * Whea	t * Sesame.	
B 43441 5	THE CONTRACTOR OF THE CONTRACT	Intercultural Senior Center (402) 444-6529	ON AND ITALES ITALES	5 40 W 10 10 10 10 10 10 10 10 10 10 10 10 10	
		5545 Center Street Omaha, NE 68106			
		www.interculturalseniorcenter.org			