EASTERN NEBRASKA SKILLED/LONG-TERM CARE FACILITIES 10/2024 update

WHAT IS LONG-TERM CARE?

Long-term care is a range of services and supports you may need to meet your health or personal needs over a long period of time. Most long-term care is not medical care, but rather assistance with the basic personal tasks of everyday life, sometimes called "Activities of Daily Living," such as:

- Bathing
- Dressing
- Using the toilet
- Transferring (to or from bed or chair)
- Caring for incontinence
- Eating

WHAT ARE NURSING HOMES?

Nursing homes, also called skilled nursing facilities (SNF), provide a range of services, including nursing care, 24-hour supervision, and assistance with Activities of Daily Living. They also offer rehabilitation services such as physical, occupational, and speech therapy. You may only need nursing home services for a short period of time for recovery or rehabilitation after a serious illness or operation. Or you may need longer stays because of chronic physical health problems or cognitive problems (e.g., memory loss) that make it necessary for you to have 24-hour care or supervision.

WHO NEEDS LONG-TERM CARE?

You need long-term care when you are not able to complete personal care or other daily activities on your own. This is most often the result of a chronic illness or disability. In some cases, the illness or disability may include memory loss, confusion, or disorientation, sometimes called cognitive impairment. This can be the result of conditions such as Alzheimer's disease.

(*Source: National Clearinghouse, Long Term Care Information, Department of Health & Human Services)

QUESTIONS TO ASK WHEN TOURING A NURSING HOME

Touring nursing home facilities in person is an essential part of finding the right facility for your loved one. Many people recommend making multiple visits during your decision-making process. For your first visit, make an appointment with the admissions director to tour on a weekday. Late morning and midday hours are usually the best times to get a feeling for the day-to-day operations of a home.

Watch out for homes with bad smells, residents who are strapped into wheelchairs and staff who seem to ignore the residents. One of the most important things you can do is to talk to the residents and ask how they're doing. Above all, trust your instincts; first impressions matter.

WHAT TO ASK:

- As you visit the nursing home, be sure to ask the admissions director a lot of questions. Don't worry about taking up their time. Verify any information you were told over the phone.
- Is the facility non-profit or for-profit?
- What types of care do they offer?
- Is the facility certified by Medicaid and Medicare?
- What is the average length of stay?
- What are the qualifications of the staff in the therapy department?
- Ask what makes this nursing home different from others.
- Does the facility include family members in resident care plans?

- Ask for recent state inspection survey results. The report should be dated within the last 9 15 months.
- Compare the number of deficiencies cited to the state average.
- If the facility has received a citation in a particular service area, be sure to ask questions about this area.
- Beware of choosing a facility with a very high number of deficiencies compared to other facilities in the area and the state average. (Source: A Place for Mom)

SOURCES FOR NURSING HOME COMPARISONS:

http://www.medicare.gov/NursingHomeComparehttp://projects.propublica.org/nursing-homes

SELECTING A NURSING HOME CHECKLIST CAN BE FOUND AT:

http://dhhs.ne.gov/medicaid/Documents/Selecting-A-Nursing-Home.pdf

NEBRASKA LONG TERM CARE OMBUDSMAN PROGRAM

The Nebraska Long Term Care Ombudsman Program, a program of the Nebraska Department of Health and Human Services, is composed of staff and volunteers who advocate for and on behalf of individuals residing in nursing homes and assisted living facilities. Ombudsmen seek to resolve residents' concerns and improve their quality of care and quality of life. **EASTERN NEBRASKA OFFICE ON AGING OMBUDSMAN**, call **402-561-2239**.

This list was compiled from the State of Nebraska's Roster of licensed Long-Term Care Facilities, Department of Health & Human Services. The Eastern Nebraska Office on Aging does not recommend any facility. This list is for informational purposes only.

CASS COUNTY

LOUISVILLE CARE CENTER
410 WEST 5TH STREET
LOUISVILLE, NE 68037
402-234-2125

ACCEPTS MEDICARE/MEDICAID

PRESTIGE CARE CENTER OF PLATTSMOUTH 602 SOUTH 18TH STREET PLATTSMOUTH, NE 68048 402-296-2800 ACCEPTS MEDICARE/MEDICAID

MEMORY SUPPORT UNIT

DOUGLAS COUNTY

AMBASSADOR HEALTH of OMAHA 1540 NORTH 72ND STREET OMAHA, NE 68114 402-393-6500

ACCEPTS MEDICARE/MEDICAID

BANYAN AT MONTCLAIR 2525 SOUTH 135TH AVENUE OMAHA, NE 68144 402-333-2304

THE NEBRASKA MASONIC HOME

PLATTSMOUTH, NE 68048

MEMORY SUPPORT UNIT

1300 AVENUE D

402-296-7300

ACCEPTS MEDICARE/MEDICAID MEMORY SUPPORT UNIT

ARBOR CARE CENTER VALHAVEN 300 WEST MEIGS STREET VALLEY, NE 68064 402-359-2533

ACCEPTS MEDICARE/MEDICAID

CYPRESS AT MIDTOWN 910 SOUTH 40TH STREET **DOUGLAS COUNTY**

OMAHA, NE 68105 402-342-2015

ACCEPTS MEDICARE/MEDICAID

BROOKESTONE MEADOWS REHABILITATION AND CARE CENTER 600 BROOKESTONE MEADOWS PLAZA ELKHORN, NE 68022

402-289-2696

ACCEPTS MEDICARE/MEDICAID

BROOKESTONE VILLAGE 4330 SOUTH 144TH STREET OMAHA, NE 68137 402-614-4000

ACCEPTS MEDICARE/MEDICAID MEMORY SUPPORT UNIT

DOUGLAS COUNTY HEALTH CENTER 4102 WOOLWORTH AVENUE OMAHA, NE 68105 402-444-7041

ACCEPTS MEDICARE/MEDICAID MEMORY SUPPORT UNIT

ACCOMMODATES BEHAVIORAL NEEDS

EMERALD NURSING & REHABILITATION OMAHA 5505 GROVER STREET OMAHA, NE 68106 402-558-0225

ACCEPTS MEDICARE/MEDICAID

EMERALD NURSING & REHAB LEGACY POINT 3110 SCOTT CIRCLE OMAHA, 68112 402-455-6636

ACCEPTS MEDICARE/MEDICAID MEMORY SUPPORT UNIT

EMERALD NURSING & REHAB MERCY 7410 MERCY ROAD OMAHA, NE 68124 402-397-1220

ACCEPTS MEDICARE/MEDICAID

FLORENCE HOME 7915 NORTH 30TH STREET OMAHA, NE 68112 402-827-6000

ACCEPTS MEDICARE/MEDICAID

GOOD SAMARITAN SOCIETY MILLARD 12856 DEAUVILLE DRIVE OMAHA, NE 68137 402-895-2266

ACCEPTS MEDICARE/MEDICAID

HILLCREST- MILLARD 13225 WESTWOOD LANE OMAHA, NE 68144 531-365-3000

ACCEPTS MEDICARE/MEDICAID

IMMANUEL-NEWPORT HOUSE 6798 NORTH 68th PLAZA OMAHA, NE 68152 402-572-2595

ACCEPTS MEDICARE/MEDICAID

IMMANUEL-THE LIGHTHOUSE AT LAKESIDE VILLAGE 17600 ARBOR STREET OMAHA, NE 68130 402-717-0200

ACCEPTS MEDICARE/MEDICAID

KEYSTONE RIDGE SKILLED & REHAB
7501 KEYSTONE DRIVE
OMAHA, NE 68134
402-572-5750
ACCEPTS MEDICARE/MEDICAID

ACCEPTS MEDICARE/MEDICAID
ACCOMMODATES BEHAVIORAL NEED

LIFE CARE CENTER OF ELKHORN 20275 HOPPER STREET ELKHORN, NE 68022 402-289-2572

ACCEPTS MEDICARE/MEDICAID

LIFE CARE CENTER OF OMAHA 6032 VILLE DE SANTE DRIVE OMAHA, NE 68104 402-571-6770

ACCEPTS MEDICARE/MEDICAID

MAPLE CREST CARE CENTER 2824 NORTH 66TH AVENUE OMAHA, NE 68104 402-551-2110

ACCEPTS MEDICARE/MEDICAID MEMORY SUPPORT UNIT

OLD MILL REHABILITATION 1131 PAPILLION PARKWAY OMAHA, NE 68154 402-934-7500

ACCEPTS MEDICARE/MEDICAID

DOUGLAS COUNTY continued

OMAHA NURSING & REHAB 4835 SOUTH 49th STREET

OMAHA, NE 68117 402-733-7200

ACCEPTS MEDICARE/MEDICAID

QUALITY LIVING INC 6404 NORTH 70TH PLAZA OMAHA, NE 68104 402-573-3700

ACCEPTS MEDICAID

ROSE BLUMKIN JEWISH HOME 323 SOUTH 132ND STREET

OMAHA, NE 68154 402-330-4272

ACCEPTS MEDICARE/MEDICAID

ST JOSEPH VILLA NURSING CENTER

2305 SOUTH 10TH STREET OMAHA, NE 68108 402-345-5683

ACCEPTS MEDICARE/MEDICAID MEMORY SUPPORT UNIT

DODGE COUNTY

DUNKLAU GARDENS NYE HEALTH & REHABILITION CENTER

450 EAST 23rd STREET 2700 LAVERNA STREET FREMONT, NE 68025 FREMONT, NE 68025

402-721-1610 402-727-4900

ACCEPTS MEDICARE/MEDICAID ACCEPTS MEDICARE/MEDICAID

NYE LEGACY HEALTH & REHABILITATION CENTER

 3210 N. CLARKSON
 PARKVIEW HOME, INC

 FREMONT, NE 68025
 930 2ND STREET

 402-721-9300
 DODGE, NE 68633

 ACCEPTS MEDICARE/MEDICAID
 1-402-693-2212

ACCEPTS MEDICARE/MEDICAID

SARPY COUNTY

EASTERN NEBRASKA VETERANS' HOME

12505 HARRISON TULL DR BELLEVUE, NE 68123 402-595-2180

MEMORY SUPPORT UNIT

HILLCREST COUNTRY ESTATES 6082 GRAND LODGE AVENUE

PAPILLION, NE 68133

402-885-7000

ACCEPTS MEDICARE/MEDICAID

HILLCREST HEALTH & REHABILITATION

1702 HILLCREST DRIVE

BELLEVUE, NE 68005

402-291-8500
ACCEPTS MEDICARE/MEDICAID

HILLCREST SHADOW LAKE 1507 EAST GOLD COAST ROAD

PAPILLION, NE 68046 402-339-6010

ACCEPTS MEDICAID

BROOKESTONE OF PAPILLION MANOR

610 SOUTH POLK STREET

PAPILLION, NE 68046

402-339-7700

ACCEPTS MEDICARE/MEDICAID

THE WILLOWS at GRETNA (Formerly AZRIA HEALTH GRETNA)

700 HIGHWAY 6 GRETNA, NE 68028

WASHINGTON COUNTY

CROWELL MEMORIAL HOME 245 SOUTH 22ND STREET BLAIR, NE 68008 402-426-2177 **ACCEPTS MEDICARE/MEDICAID**

GOOD SHEPHERD LUTHERAN HOME 2242 WRIGHT STREET BLAIR, NE 68008 402-426-4663 ACCEPTS MEDICARE/MEDICAID

AZRIA HEALTH MONTCLAIR
2525 SOUTH 135TH AVENUE
OMAHA, NE 68144
402-333-2304
ACCEPTS MEDICARE/MEDICAID
MEMORY SUPPORT UNIT

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