

July Facts At-a-Glance		Wednesday 7/1/2026	Thursday 7/2/2026	Friday 7/3/2026
When: Seventh month of the Gregorian calendar Days: 31 Birthstone: Ruby Flower: Larkspur and Water Lily Zodiac Signs: Cancer (Jun 21 – Jul 22), Leo (Jul 23 – Aug 22) Season: Summer in Northern Hemisphere, Winter in Southern Hemisphere Notable Holidays: Independence Day (US, July 4), Bastille Day (France, July 14)		Cranberry Chicken Salad on Croissant w/ Lettuce & Tomato Potato Salad Butterscotch Pudding or Diet Pudding 1% or Skim Milk	Roast Beef & Cheddar with Leaf Lettuce & Tomato on Vienna Bread Broccoli Slaw Apple Pie or Diet Pudding 1% or Skim Milk	Independence Day  Centers will be closed
Monday 7/6/2026	Tuesday 7/7/2026	Wednesday 7/8/2026	Thursday 7/9/2026	Friday 7/10/2026
Italian Sandwich Turkey, Ham, Pepperoni Swiss American Cheese, Pepperoncini on Vienna Bread Coleslaw Cinnamon Pears 1% or Skim Milk	Egg Salad Sandwich on Croissant w/ Leaf Lettuce & Tomato Potato Salad Chocolate Chip Cookie or Diet Cookies 1% or Skim Milk	Roast Beef & Swiss on on WG Bun w/ Lettuce & Tomato Broccoli Salad Decorated Birthday Cake or Plain Cake Square 1% or Skim Milk	Ranch Chicken Salad on WG Bun w/ Lettuce & Tomato Three Bean Salad Mandarin Oranges 1% or Skim Milk	Ham Salad on Rye Bread w/ Lettuce & Tomato Potato Salad Strawberries & Pineapple 1% or Skim Milk
Monday 7/13/2026	Tuesday 7/14/2026	Wednesday 7/15/2026	Thursday 7/16/2026	Friday 7/17/2026
Sliced Ham & American Cheese on Hamburger Bun w/ Lettuce & Tomato Coleslaw Pineapple Tidbits 1% or Skim Milk	Tuna Salad on WG Bread w/ Lettuce & Tomato Pea Salad Diet Fruited Jell-O 1% or Skim Milk	Classic Chef Salad Ham, Turkey, Diced Egg American & Grape Tomatoes 100% Fruit Punch Juice WG Breadstick/Marg Snickerdoodle Cookie or Diet Cookies 1% or Skim Milk	Roast Beef & Cheddar on Vienna Bread w/ Lettuce & Tomato Three Bean Salad Strawberries & Pears 1% or Skim Milk	Chicken Fajita Salad Sliced Fajita Chicken with Peppers & Onions & Corn over Mixed Greens Salad w/ Southwest Ranch Dressing WG Breadstick Sliced Peaches 1% or Skim Milk
Monday 7/20/2026	Tuesday 7/21/2026	Wednesday 7/22/2026	Thursday 7/23/2026	Friday 7/24/2026
Turkey & Swiss on WG Bread w/ Lettuce & Tomato Potato Salad Mandarin Oranges 1% or Skim Milk	Chicken Caesar Salad w/ Caesar Dressing & Croutons over Mixed Greens Salad 100% Grape Juice Strawberries & Pineapple 1% or Skim Milk	Egg Salad on Vienna Bread w/ Lettuce & Tomato Marinated Vegetable Salad Chocolate Pudding or Diet Pudding 1% or Skim Milk	Roast Beef Chef Salad Roast Beef, Diced Egg American & Grape Tomatoes over Mixed Greens Salad 100% Grape Juice Crackers(2pk) Fresh Apple 1% or Skim Milk	Classic Chef Salad Ham, Turkey, Diced Egg American & Grape Tomatoes 100% Apple Juice WG Breadstick Fruit Cocktail 1% or Skim Milk
Monday 7/27/2026	Tuesday 7/28/2026	Wednesday 7/29/2026	Thursday 7/30/2026	Friday 7/31/2026
Roast Beef & Cheddar on Vienna Bread w/ Lettuce & Tomato Potato Salad Strawberry Applesauce 1% or Skim Milk	Ham Chef Salad Diced Ham, Diced Egg Amer. Cheese & Grape Tomatoes Mixed Greens Salad Crackers(2pk) 100% Fruit Punch Apricot Halves 1% or Skim Milk	Classic Chef Salad Ham, Turkey, Diced Egg American & Grape Tomatoes Mixed Greens Salad 100% Fruit Punch Juice WG Breadstick Fresh Orange 1% or Skim Milk	Ham & Cheddar on Vienna Bread w/ Lettuce & Tomato Pea Salad Cinnamon Apples 1% or Skim Milk	Cranberry Chicken Salad on Croissant w/ Lettuce & Tomato Coleslaw Rice Krispy Treat or Diet Cookies 1% or Skim Milk

****These Meals may contain the following allergens: Peanut, Tree Nuts, Seafood, Shellfish, Soy, Eggs, Milk, Wheat, and Sesame Seeds****