






Monday	Tuesday	Wednesday	Thursday	Friday
				1
				Fetucini Alfredo Corn w/ Red Peppers Garlic Bread Pineapple Milk
				8
4	5	6	7	8
Tomato Braised Chickpeas Brown Rice Mixed Vegetables Pineapple Milk	Cheese Tamale Cabbage Salad Esquites Mixed Fruit Milk 	Lo Mein Noodles Baby Carrots Sliced Bread Mandarin Milk	Veggie Wrap w/ Lettuce, Tomato & Onion Tator Tots Apples Milk	
				15
11	12	13	14	15
Baked Lentils Mashed Potatoes w/ Gravy Corn Casserole Ambrosia Salad Milk	Veggie Wrap Mashed Sweet Potatoes Stemed Collard Greens Half a Banana Milk	Cheese & Refried Bean Tostada Lettuce, Tomato, Sour Cream Corn cassarole Pineapple Milk	Black Bean Tacos w/ Flour Tortilla w/ Pico de Gallo Yellow Rice Mixed Fruit Milk	Veggie Stir Fry Fried Rice Steamed Brocoli Pineapple Milk
				22
18	19	20	21	22
Pasta Goulash Cesar Salad Garlic Bread Apples Milk	Veggie Soft Taco w/ Pico de Gallo Yellow Rice Zucchini, Corn & Tomato Salad Milk	Quinoa Mashed Potatoes w/ Gravy Green Beans White Bread Apples Milk	Veggie Wrap Corn, Bean & Tomato Salad Mixed Fruit Milk	Cheese Enchiladas Shredded Lettuce & Tomatoes Yellow Rice Grapes Milk
				29
25	26	27	28	29
Cheese Popusas Cabbage Salad Baked Sweet Potato Mixed Fruit Milk	Veggie Fajitas w/ Bell Pepper, Tomato & Onion Refried Beans Mandarin Milk	Veggie Stir Fry w/ Bell Peppers, Carrots & Zucchini White Rice Mixed Fruit Milk	Cheese Pizza Cesar Salad Cooked Carrots Strawberries Milk	Veggie a la Crema w/ Red Peppers & Cooked Spinach White Rice Mixed Fruit Milk

PLEASE NOTE: THESE MEALS MAY CONTAIN THE FOLLOWING ALLERGENS * Peanuts * Tree Nuts * Seafood* Shellfish * Soy * Eggs * Milk * Wheat * Sesame.