

DIET MENU

JULY 2026

MENUS ARE SUBJECT TO CHANGE
DUE TO AVAILABILITY

<p>Please call our office by 9am to cancel your meal for the day!</p>		<p>Wednesday 7/1/2026</p> <p>H Salisbury Steak & Mushroom Gravy H Mashed Potatoes H Green Beans C WG Bread Slice/Marg C Butterscotch Pudding OR Diet Pudding for Diabetics 1% Milk</p>	<p>Thursday 7/2/2026</p> <p>H BBQ Pork Rib Patty H Winter Blend Vegetables H Diced Potatoes C Applesauce C WG Hamburger Bun 1% Milk</p>	<p>Friday 7/3/2026</p>  <p>CLOSED</p>
		<p>Monday 7/6/2026</p> <p>H Oven Fried Chicken Breast in Gravy H Mashed Potatoes H Brussels Sprouts C WG Breadstick/Marg C Cinnamon Pears 1% Milk</p>	<p>Tuesday 7/7/2026</p> <p>H Potato Crusted Fish H Cali Blend Vegetables H Diced Sweet Potatoes C Vienna Bread/Marg C Choc. Chip Cookie OR Diet Cookie for Diabetics C Tartar Sauce 1% Milk</p>	<p>Wednesday 7/8/2026</p> <p>C1 Deli Ham C1 Lettuce & Tomato C1 Broccoli Salad C WG Hamburger Bun C Plain Cake Square 1% Milk</p>
<p>Monday 7/13/2026</p> <p>H Swedish Meatballs H Mashed Potatoes H Green Beans C 100% Wheat Bread/Marg C Pineapple Tidbits 1% Milk</p>	<p>Tuesday 7/14/2026</p> <p>H Salisbury Steak in Gravy H Zucchini & Tomatoes H Cauliflower C WG Petite Roll C Diet Fruited Jell-O 1% Milk</p>	<p>Wednesday 7/15/2026</p> <p>H All Beef Hot Dog H Diced Potatoes H Broccoli C WG Hot Dog Bun C Snickerdoodle Cookie OR Diet Cookie for Diabetics 1% Milk</p>	<p>Thursday 7/16/2026</p> <p>H Chicken Marsala H Diced Sweet Potatoes H Stewed Tomatoes C WG Dinner Roll/Marg C Strawberries & Pears OR Pears for Diabetics 1% Milk</p>	<p>Friday 7/17/2026</p> <p>H Beef Patty in Marinara H California Blend Veggies H Sliced Peaches C Mixed Greens Side Salad C Dressing PC C WG Breadstick/Marg 1% Milk</p>
<p>Monday 7/20/2026</p> <p>H Chicken Breast with Chicken Gravy H Wild Rice H Diced Carrots C WG Dinner Roll/Marg C Mandarin Oranges 1% Milk</p>	<p>Tuesday 7/21/2026</p> <p>H Sloppy Joe Sandwich H Diced Potatoes H Green Peas C WG Hamburger Bun C Strawberries & Pineapple OR Pineapples for Diabetics 1% Milk</p>	<p>Wednesday 7/22/2026</p> <p>H Meatballs in Gravy H Mashed Potatoes H Green Beans C WG Bread Slice/Marg C Chocolate Pudding OR Diet Pudding for Diabetics 1% Milk</p>	<p>Thursday 7/23/2026</p> <p>H Shredded Pork & Pineapple Salsa H Brown Rice H Corn C Flour Tortilla Shell C Fresh Apple 1% Milk</p>	<p>Friday 7/24/2026</p> <p>H Meatloaf in Tomato Gravy H 1/2 Baked Potato H Brussels Sprouts C WG Breadstick/Marg C Sour Cream PC C Fruit Cocktail 1% Milk</p>
<p>Monday 7/27/2026</p> <p>H Meatballs in Marinara H Potato Medley H Carrot Coins C WG Dinner Roll/Marg C Strawberry Applesauce 1% Milk</p>	<p>Tuesday 7/28/2026</p> <p>H Hamburger Patty H Cheesy Hashbrowns H Corn C Lettuce & Tomato C Apricot Halves C WG Hamburger Bun 1% Milk</p>	<p>Wednesday 7/29/2026</p> <p>H Sliced Turkey & Gravy H Twice Baked Mashed Potatoes H Country Blend Veggies C WG Dinner Roll/Marg C Fresh Orange 1% Milk</p>	<p>Thursday 7/30/2026</p> <p>H Lasagna Cheese Roll with Pink Sauce H Broccoli H Cinnamon Apples C Mixed Greens Side Salad C Dressing PC C WG Breadstick/Marg 1% Milk</p>	<p>Friday 7/31/2026</p> <p>H Chicken Breast in Gravy H Brown Rice H Peas & Carrots C Cinn. Raising Bread/Marg C Rice Krispy Treat 1% Milk</p>

****These Meals may contain the following allergens: Peanut, Tree Nuts, Seafood, Shellfish, Soy, Eggs, Milk, Wheat, and Sesame Seeds****