



CELEBRATE OLDER
NEBRASKANS

JOIN US FOR A MORNING
OF FUN

LIFESTYLE EXPO

HEALTH INFORMATION

FOOD AND DRINK

SEPTEMBER 8, 2023

STEP OUT FOR SENIORS WALKATHON

The Eastern Nebraska Office on Aging (ENOA) Nutrition Division and the City of Omaha Parks and Recreation are proud to sponsor this event.



The walkathon is a fundraiser to help update programming and services at the 21 senior centers in the Eastern Nebraska area. All ages are welcome at the walkathon.

Sign-in begins at 8:30am and the walk will start at 9:00am. There will also be a Lifestyle Exposition showcasing a wide variety of products and services.

Register NOW \$5 per person/if pre-registered before September 8, 2023, \$10 day of walkathon.

Registration forms can be obtained at any senior center and at enoa.org.



BENSON PARK

7028 Military Avenue | Omaha, NE

Friday, September 8, 2023

@ 9:00 am

For more information Contact
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