

**Eastern Nebraska Office on Aging
Congregate DELI Meals**

December 2023



		Wednesday	Thursday	Friday 12/1/2023
				Eat a Red Apple Day Classic Chef Salad Ham, Turkey, Diced Egg American & Grape Tomatoes over Mixed Greens Salad 100% Fruit Punch WG Breadstick/Marg Fresh Red Apple 1% or Skim Milk
Monday 12/4/2023	Tuesday 12/5/2023	Wednesday 12/6/2023	Thursday 12/7/2023	Friday 12/8/2023
National Cookie Day Egg Salad on Vienna Bread w/ Lettuce & Tomato Three Bean Salad Peanut Butter Cookie or Diet Cookies 1% or Skim Milk	Ham Chef Salad Diced Ham, Diced Egg American & Grape Tomatoes over Mixed Greens Salad 100% Fruit Punch Crackers(2pk) Diced Pears 1% or Skim Milk	Turkey Chef Salad Diced Turkey, Diced Egg American & Grape Tomatoes over Mixed Green Salad 100% Fruit Punch Crackers(2pk) Peach Yogurt PC or Diet Pudding 1% or Skim Milk	Black & Bleu Salad Roast Beef, Bleu Cheese Caramelized Red Onion over Mixed Greens Salad Crackers(2pk) 100% Apple Juice Fruit Mix 1% or Skim Milk	Nat. Choc. Brownie Day Roast Beef & Cheddar on WG Bun w/ Lettuce & Tomato Cowboy Caviar Chocolate Brownie or Diet Cookies 1% or Skim Milk
Monday 12/11/2023	Tuesday 12/12/2023	Wednesday 12/13/2023	Thursday 12/14/2023	Friday 12/15/2023
Chicken Salad on WG Bread w/ Lettuce & Tomato Cowboy Caviar Fresh Pear 1% or Skim Milk	BLT Supreme Salad Diced Turkey, Chopped Bacon Diced Tomato & Shred Cheese over Mixed Greens Salad Crackers(2pks) 100% Grape Juice Fruit Mix 1% or Skim Milk	Roast Beef & American on Vienna Bread w/ Lettuce & Tomato Pea Salad Decorated Birthday Cake or Plain Cake Square 1% or Skim Milk	Italian Sandwich Turkey, Ham, Pepperoni Swiss American Cheese, Red Onions, Peperoncinis on Vienna Bread Broccoli Salad Fresh Banana 1% or Skim Milk	Classic Chef Salad Ham, Turkey, Diced Egg American & Grape Tomatoes over Mixed Greens Salad Crackers(2pkg) 100% Fruit Punch Pineapple Tidbits 1% or Skim Milk
Monday 12/18/2023	Tuesday 12/19/2023	Wednesday 12/20/2023	Thursday 12/21/2023	Friday 12/22/2023
Deli Chicken & American on Vienna Bread w/ Lettuce & Tomato Marinated Vegetable Salad Fruit Cocktail 1% or Skim Milk	Roast Beef & Swiss on Marble Bread w/ Lettuce & Tomato Coleslaw Oatmeal Cream Pie or Diet Cookies 1% or Skim Milk	Chicken Salad on Croissant w/ Lettuce & Tomato Potato Salad Cheesecake with Cherry Topping or Diet Pudding 1% or Skim Milk	Chicken Caesar Salad w/ Caesar Dressing & Housemade Croutons over Mixed Greens Salad 100% Grape Juice Pears & Strawberries 1% or Skim Milk	Three Meat Sandwich Turkey, Ham, Roast Beef Amer. & Swiss Cheese on WG Hoagie Bun w/ Lettuce & Tomato Carrot Raisin Salad Applesauce 1% or Skim Milk
Monday 12/25/2023	Tuesday 12/26/2023	Wednesday 12/27/2023	Thursday 12/28/2023	Friday 12/29/2023
Christmas Day Observance Centers will be Closed	Chicken Salad on Croissant w/ Lettuce & Tomato Coleslaw Fudge Round or Diet Cookies 1% or Skim Milk	Ham Salad on Marble Bread w/ Lettuce & Tomato Pea Salad Cinnamon Apples 1% or Skim Milk	BLT Supreme Salad Diced Turkey, Chopped Bacon Diced Tomato & Shred Cheese over Mixed Greens Salad Crackers(2pks) 100% Grape Juice Butterscotch or Diet Pudding 1% or Skim Milk	Turkey Chef Salad Diced Turkey, Diced Egg Amer. Cheese & Grape Tomato over Mixed Greens Salad Crackers(2pks) 100% Fruit Punch Juice Fruit Cocktail 1% or Skim Milk