

GRC Support

Ways to raise your grandchildren in today's world with values important to you.

GRC Understanding

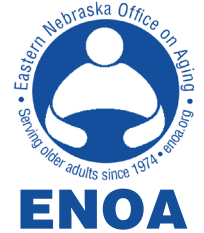
Effective ways to communicate with educational institutions and community services.

GRC Empowerment

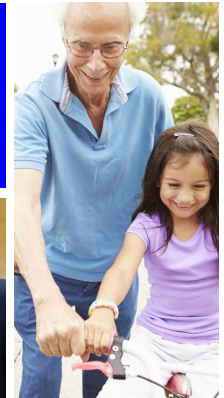
Hear from professionals in various fields to empower you in this journey.

Grandparent Resource Center
Eastern Nebraska Office on Aging
4780 South 131st Street
Omaha, Nebraska 68137

GRC



Grandparents making a difference with the rewarding experience of raising their grandchildren



Grandparent Resource Center



Serving Cass, Dodge, Douglas, Sarpy and Washington counties

Eastern Nebraska Office on Aging

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enoa.org



Many grandparents feel overwhelmed in their new role, raising their children's children. Join others in similar situations to lend support and share their experiences in a mutually understanding environment.

You are not alone!

Join the group to...

- Build fellowship among your peers.
- Discuss and learn new challenges in raising multiple generations.
- Share and learn new coping skills.
- Learn how to take care of your own needs.

The Grandparent Resource Center (GRC), is a program of the Eastern Nebraska Office on Aging. The GRC provides support for grandparents 55 years and older who are raising their grandchildren.

The GRC provides:

- Peer support group meetings for grandparents raising grandchildren.
- Assistance with transportation to peer support group meetings.
- Community resources and information.

GRC



Support Understanding Empowerment



Confidentiality and
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