

# EASTERN NEBRASKA SKILLED/LONG-TERM CARE FACILITIES

## WHAT IS LONG-TERM CARE?

Long-term care is a range of services and supports you may need to meet your health or personal needs over a long period of time. Most long-term care is not medical care, but rather assistance with the basic personal tasks of everyday life, sometimes called “Activities of Daily Living,” such as:

- Bathing
- Dressing
- Using the toilet
- Transferring (to or from bed or chair)
- Caring for incontinence
- Eating

## WHAT ARE NURSING HOMES?

Nursing homes, also called skilled nursing facilities (SNF), provide a range of services, including nursing care, 24-hour supervision, and assistance with Activities of Daily Living. They also offer rehabilitation services such as physical, occupational, and speech therapy. You may only need nursing home services for a short period of time for recovery or rehabilitation after a serious illness or operation. Or you may need longer stays because of chronic physical health problems or cognitive problems (e.g., memory loss) that make it necessary for you to have 24-hour care or supervision.

## WHO NEEDS LONG-TERM CARE?

You need long-term care when you are not able to complete personal care or other daily activities on your own. This is most often the result of a chronic illness or disability. In some cases, the illness or disability may include memory loss, confusion, or disorientation, sometimes called cognitive impairment. This can be the result of conditions such as Alzheimer’s disease.

(\*Source: National Clearinghouse, Long Term Care Information, Department of Health & Human Services)

## QUESTIONS TO ASK WHEN TOURING A NURSING HOME

Touring nursing home facilities in person is an essential part of finding the right facility for your loved one. Many people recommend making multiple visits during your decision making process. For your first visit, make an appointment with the admissions director to tour on a weekday. Late morning and midday hours are usually the best times to get a feeling for the day-to-day operations of a home.

Watch out for homes with bad smells, residents who are strapped into wheelchairs and staff who seem to ignore the residents. One of the most important things you can do is to talk to the residents and ask how they're doing. Above all, trust your instincts; first impressions matter.

## WHAT TO ASK:

- As you visit the nursing home, be sure to ask the admissions director a lot of questions. Don't worry about taking up their time. Verify any information you were told over the phone.
- Is the facility a non-profit or for-profit?

- What types of care do they offer?
- Is the facility certified by Medicaid and Medicare?
- What is the average length of stay?
- What are the qualifications of the staff in the therapy department?
- Ask what makes this nursing home different from others.
- Does the facility include family members in resident care plans?
- Ask for recent state inspection survey results. The report should be dated within the last 9 - 15 months.
- Compare the number of deficiencies cited to the state average.
- If the facility has received a citation in a particular service area, be sure to ask questions about this area.
- Beware of choosing a facility with a very high number of deficiencies compared to other facilities in the area and the state average. (Source: A Place for Mom)

## **SOURCES FOR NURSING HOME COMPARISONS:**

<http://www.medicare.gov/NursingHomeCompare>

<http://projects.propublica.org/nursing-homes>

## **SELECTING A NURSING HOME CHECKLIST CAN BE FOUND AT:**

<http://dhhs.ne.gov/medicaid/Documents/Selecting-A-Nursing-Home.pdf>

## **NEBRASKA LONG TERM CARE OMBUDSMAN PROGRAM**

The Nebraska Long Term Care Ombudsman Program, a program of the Nebraska Department of Health and Human Services, is composed of staff and volunteers who advocate for and on behalf of individuals residing in nursing homes and assisted living facilities. Ombudsmen seek to resolve residents' concerns and improve their quality of care and quality of life. **EASTERN NEBRASKA OFFICE ON AGING OMBUDSMAN, call 402-444-6536.**

This list was compiled from the State of Nebraska Roster of Long-Term Care Facilities, Department of Health & Human Services. The Eastern Nebraska Office on Aging does not recommend any particular facility. This list is for informational purposes only.

### **CASS COUNTY**

LOUISVILLE CARE CENTER

410 WEST 5TH STREET

LOUISVILLE, NE 68037

402-234-2125

**ACCEPTS MEDICARE/MEDICAID**

PLATTSMOUTH CARE & REHABILITATION CENTER

602 SOUTH 18 STREET

PLATTSMOUTH, NE 68048

402-296-2800

**ACCEPTS MEDICARE/MEDICAID**

**MEMORY SUPPORT UNIT**

THE NEBRASKA MASONIC HOME

1300 AVENUE D

PLATTSMOUTH, NE 68048

402-296-7300

**MEMORY SUPPORT UNIT**

## DOUGLAS COUNTY

AZRIA HEALTH AT MONTCLAIR  
2525 SOUTH 135 AVENUE  
OMAHA, NE 68144  
402-333-2304  
**ACCEPTS MEDICARE/MEDICAID**  
**MEMORY SUPPORT UNIT**

AZRIA HEALTH MIDTOWN  
910 SOUTH 40 STREET  
OMAHA, NE 68105  
402-342-2015  
**ACCEPTS MEDICARE/MEDICAID**

BRIGHTON GARDENS OF OMAHA  
9220 WESTERN AVENUE  
OMAHA, NE 68114  
402-393-7313  
**ACCEPTS MEDICARE**

BROOKESTONE MEADOWS REHABILITATION  
AND CARE CENTER  
600 BROOKESTONE MEADOWS PLAZA  
ELKHORN, NE 68022  
402-289-2696  
**ACCEPTS MEDICARE/MEDICAID**

BROOKESTONE VILLAGE  
4330 SOUTH 144 STREET  
OMAHA, NE 68137  
402-614-4000  
**ACCEPTS MEDICARE/MEDICAID**  
**MEMORY SUPPORT UNIT**

DOUGLAS COUNTY HEALTH CENTER  
4102 WOOLWORTH AVENUE  
OMAHA, NE 68105  
402-444-7314  
**ACCEPTS MEDICARE/MEDICAID**  
**MEMORY SUPPORT UNIT**  
**ACCOMADATES BEHAVIORAL NEEDS**

FLORENCE HOME  
7915 NORTH 30 STREET  
OMAHA, NE 68112  
402-827-6000  
**ACCEPTS MEDICARE/MEDICAID**

GOOD SAMARITAN SOCIETY-MILLARD  
12856 DEAUVILLE DRIVE  
OMAHA, NE 68137  
402-895-2266  
**ACCEPTS MEDICARE/MEDICAID**

HILLCREST- MILLARD  
13225 WESTWOOD LANE  
OMAHA, NE 68144  
402-682-6800

IMMANUEL FONTENELLE HOME  
6809 NORTH 68TH PLAZA  
OMAHA, NE 68122  
402-572-2595  
**ACCEPTS MEDICARE/MEDICAID**  
**MEMORY SUPPORT UNIT**

LIFE CARE CENTER OF ELKHORN  
20275 HOPPER STREET  
ELKHORN, NE 68022  
402-289-2572  
**ACCEPTS MEDICARE/MEDICAID**

LIFE CARE CENTER OF OMAHA  
6032 VILLE DE SANTE DRIVE  
OMAHA, NE 68104  
402-571-6770  
**ACCEPTS MEDICARE/MEDICAID**

MAPLE CREST CARE CENTER  
2824 NORTH 66 AVENUE  
OMAHA, NE 68104  
402-551-2110  
**ACCEPTS MEDICARE/MEDICAID**  
**MEMORY SUPPORT UNIT**

NEBRASKA SKILLED NURSING & REHABILITATION  
7410 MERCY ROAD  
OMAHA, NE 68124  
402-397-1220  
**ACCEPTS MEDICARE/MEDICAID**

OLD MILL REHABILITATION  
1131 PAPHILLION PARKWAY  
OMAHA, NE 68154  
402-934-7500  
**ACCEPTS MEDICARE/MEDICAID**

OMAHA METRO CARE & REHABILITATION CENTER  
5505 GROVER STREET  
OMAHA, NE 68106  
402-558-0225  
**ACCEPTS MEDICARE/MEDICAID**

OMAHA NURSING & REHAB CENTER  
4835 SOUTH 49 STREET  
OMAHA, NE 68117  
402-733-7200  
**ACCEPTS MEDICARE/MEDICAID**

QUALITY LIVING INC  
6404 NORTH 70 PLAZA  
OMAHA, NE 68104  
402-573-3700  
**ACCEPTS MEDICAID**

RIDGECREST REHABILITATION CENTER  
3110 SCOTT CIRCLE  
OMAHA, NE 68112  
402-455-6636  
**ACCEPTS MEDICARE/MEDICAID**

ROSE BLUMKIN JEWISH HOME  
323 SOUTH 132 STREET  
OMAHA, NE 68154  
402-330-4272  
**ACCEPTS MEDICARE/MEDICAID**

SKYLINE NURSING AND REHABILITATION  
7350 GRACELAND DRIVE  
OMAHA, NE 68134  
402-572-5750  
**ACCEPTS MEDICARE/MEDICAID**  
**ACCOMODATES BEHAVIORAL NEEDS**

SORENSEN CARE & REHABILITATION CENTER  
4809 REDMAN AVENUE  
OMAHA, NE 68104  
402-455-5025  
**ACCEPTS MEDICARE/MEDICAID**

ST JOSEPH VILLA NURSING CENTER  
2305 SOUTH 10 STREET  
OMAHA, NE 68108  
402-345-5683  
**ACCEPTS MEDICARE/MEDICAID**  
**MEMORY SUPPORT UNIT**

THE AMBASSADOR OMAHA  
1540 NORTH 72 STREET  
OMAHA, NE 68114  
402-393-6500  
**ACCEPTS MEDICARE/MEDICAID**

THE LIGHTHOUSE AT LAKESIDE VILLAGE  
17600 ARBOR STREET  
OMAHA, NE 68130  
402-717-0200  
**ACCEPTS MEDICARE/MEDICAID**

VALHAVEN CARE & REHABILITATION CENTER  
300 WEST MEIGS STREET  
VALLEY, NE 68064  
402-359-2533  
**ACCEPTS MEDICARE/MEDICAID**

### DODGE COUNTY

BIRCHWOOD MANOR  
1120 WALNUT STREET  
NORTH BEND, NE 68649  
402-652-3242  
**ACCEPTS MEDICARE/MEDICAID**

DUNKLAU GARDENS  
450 EAST 23 STREET  
FREMONT, NE 68025  
402-721-1610  
**ACCEPTS MEDICARE/MEDICAID**

HOOPER CARE CENTER  
400 EAST BIRCHWOOD DRIVE  
HOOPER, NE 68031  
402-654-3362  
**ACCEPTS MEDICARE/MEDICAID**

PARKVIEW HOME  
930 2<sup>ND</sup> STREET  
DODGE, NE 68633  
402-693-2212  
**ACCEPTS MEDICARE/MEDICAID**

NYE LEGACY HEALTH & REHABILITATION  
3210 NORTH CLARKSON  
FREMONT, NE 68025  
402-721-9300  
**ACCEPTS MEDICARE/MEDICAID**

PREMIER ESTATES OF FREMONT  
2550 NORTH NYE AVENUE  
FREMONT, NE 68025  
402-727-1710  
**ACCEPTS MEDICARE/MEDICAID**

NYE POINTE HEALTH & REHABILITATION CENTER  
2700 LAVERNA STREET  
FREMONT, NE 68025  
402-727-4900  
**ACCEPTS MEDICARE/MEDICAID**

### SARPY COUNTY

EASTERN NEBRASKA VETERANS HOME  
12505 SOUTH 40 STREET  
BELLEVUE, NE 68123  
402-595-2180  
**MEMORY SUPPORT UNIT**

HILLCREST HEALTH & REHABILITATION  
1702 HILLCREST DRIVE  
BELLEVUE, NE 68005  
402-291-8500  
**ACCEPTS MEDICARE/MEDICAID**

GRETNA CARE CENTER  
700 HIGHWAY 6  
GRETNA, NE 68028  
402-332-3446  
**ACCEPTS MEDICARE/MEDICAID**

HILLCREST SHADOW LAKE  
1507 E GOLD COAST ROAD  
PAPILLION, NE 68046  
402-339-6010  
**ACCEPTS MEDICAID**

HILLCREST COUNTRY ESTATES  
6082 GRAND LODGE AVENUE  
PAPILLION, NE 68133  
402-885-7000  
**ACCEPTS MEDICARE/MEDICAID**

PAPILLION MANOR  
610 SOUTH POLK STREET  
PAPILLION, NE 68046  
402-339-7700  
**ACCEPTS MEDICARE/MEDICAID**

### WASHINGTON COUNTY

CROWELL MEMORIAL HOME  
245 SOUTH 22<sup>ND</sup> STREET  
BLAIR, NE 68008  
402-426-2177  
**ACCEPTS MEDICARE/MEDICAID**

GOOD SHEPHERD LUTHERAN HOME  
2242 WRIGHT STREET  
BLAIR, NE 68008  
402-426-4663  
**ACCEPTS MEDICARE/MEDICAID**