

**Eastern Nebraska Office on Aging  
Meals on Wheels  
April 2019**

<b>Monday 4/1/2019</b>	<b>Tuesday 4/2/2019</b>	<b>Wednesday 4/3/2019</b>	<b>Thursday 4/4/2019</b>	<b>Friday 4/5/2019</b>
Sweet & Sour Chicken Brown Rice Pilaf Cauliflower Egg Roll Cinnamon Raisin Bread Mandarin Oranges 1% Milk	BBQ Pork Rib Patty BBQ Baked Beans Creamed Corn WG Coney Bun Pineapple & Strawberries 1% Milk	Creamed Chicken Gravy Diced Sweet Potatoes Green Beans Biscuit/Margarine Raspberry Muffin Square 1% Milk	Meatloaf in Gravy Ranch Mash Potatoes Carrot Coins Sourdough Roll/Margarine Oatmeal Cream Pie 1% Milk	Tuna & Noodle Casserole Stewed Tomatoes Glazed Diced Beets WG Bread Slice/Marg Applesauce 1% Milk
<b>Monday 4/8/2019</b>	<b>Tuesday 4/9/2019</b>	<b>Wednesday 4/10/2019</b>	<b>Thursday 4/11/2019</b>	<b>Friday 4/12/2019</b>
Sloppy Joe Sandwich Seasoned Potato Wedges Mixed Vegetables WG Hamburger Bun Tropical Fruit Mix 1% Milk	Cheesy Chicken Breast Mexican Rice Mexican Bean Trio WG Breadstick/Margarine Fruit Cocktail 1% Milk	Roast Beef & Gravy Mashed Potatoes Roasted Baby Carrots Honey Wheat Bread/Marg Plain Cake Square 1% Milk	Ham & Au gratin Potatoes Broccoli Cinnamon Pear Slices WG Dinner Roll/Marg 1% Milk	Baked Cod Loin in Pesto Cream Sauce Diced Sweet Potatoes Green Peas Marble Bread/Margarine Chocolate Pudding 1% Milk
<b>Monday 4/15/2019</b>	<b>Tuesday 4/16/2019</b>	<b>Wednesday 4/17/2019</b>	<b>Thursday 4/18/2019</b>	<b>Friday 4/19/2019</b>
Lemon Pepper Chicken Breast Brown Rice Zucchini & Tomatoes WG Breadstick/Marg Ambrosia Fruit Salad 1% Milk	Cheeseburger Meatloaf Cheesy Hashbrowns Mixed Vegetables Leaf Lettuce & Tomato WG Hamurger Bun Chocolate Chip Muffin 1% Milk	Roasted Pork Loin in Pork Gravy 1/2 Baked Potato Winter Blend Vegetables WG Dinner Roll/Marg Strawberry Dessert Sour Cream PC 1% Milk	Swedish Meatballs Roast Diced Baby Reds Diced Beets Petite Roll/Margarine Cinnamon Applesauce 1% Milk	Italian Seafood Pasta w/ Creamy White Sauce Italian Blend Veggies Brussels Sprouts WG Breadstick/Marg Diced Peaches 1% Milk
<b>Monday 4/22/2019</b>	<b>Tuesday 4/23/2019</b>	<b>Wednesday 4/24/2019</b>	<b>Thursday 4/25/2019</b>	<b>Friday 4/26/2019</b>
Ball Park Bratwurst Shredded Sauerkraut Cheesy Hashbrowns WG Mini Hoagie Bun Fresh Orange 1% Milk	Beef Ravioli & Marinara Capri Blend Vegetables Corn Hearth Roll/Margarine Fruit Mix 1% Milk	Country Fried Steak w/ Country Gravy Mashed Potatoes Green Beans Vienna Bread Slice/Marg Peanut Butter Cookie 1% Milk	Taco Casserole /w Veg Carrots Glazed Pineapple WG Dinner Roll/Marg 1% Milk	Ground Beef Stew 1/2 Baked Potato Cheesy Broccoli WG Mini Biscuit/Marg Diet Jell-O Cake Sour Cream PC 1% Milk
<b>Monday 4/29/2019</b>	<b>Tuesday 4/30/2019</b>			
Turkey Tetrazini with WG Pasta Green Peas Chuckwagon Corn WG Dinner Roll/Margarine Diced Peaches 1% Milk	All Beef Chili Dog Diced Baby Red Potatoes Cauliflower & Carrots WG Hot Dog Bun Sliced Pears 1% Milk			