

**Eastern Nebraska Office on Aging**

**Deli Meals**

**June 2020**

<b>Monday 6/1/2020</b>	<b>Tuesday 6/2/2020</b>	<b>Wednesday 6/3/2020</b>	<b>Thursday 6/4/2020</b>	<b>Friday 6/5/2020</b>
Ham & American Cheese on WG Bread w/ Lettuce & Tomato Carrot Raisin Salad Orange Muffin Square 1% or Skim Milk	Roast Beef Chef Salad Roast Beef, Diced Egg Amer. Cheese & Grape Tomatoes Romaine Lettuce Blend Crackers(2pk) 100% Apple Juice Fresh Banana 1% or Skim Milk	Turkey & Swiss on 1/2 Ciabatta Bun w/ Lettuce & Tomato Bleu Cheese Coleslaw Fruit Cocktail 1% or Skim Milk	Roast Beef & Swiss on WG Bread w/ Lettuce & Tomato Pea Salad Peaches & Strawberries 1% or Skim Milk	BLT Salad Chopped Bacon, Diced Tomato & Romaine Lettuce Blend Housemade Croutons 100% Fruit Punch Oatmeal Cream Pie or Diet Cookies 1% or Skim Milk
<b>Monday 6/8/2020</b>	<b>Tuesday 6/9/2020</b>	<b>Wednesday 6/10/2020</b>	<b>Thursday 6/11/2020</b>	<b>Friday 6/12/2020</b>
Deli Chicken & American Cheese on Vienna Bread w/ Lettuce & Tomato Buffalo Potato Salad Diced Peaches 1% or Skim Milk	Three Meat Hoagie Turkey, Ham, Roast Beef American Cheese w/ Lettuce & Tomato Potato Salad Chocolate Pudding or Diet Pudding 1% or Skim Milk	Egg Salad on Croissant w/ Lettuce & Tomato Coleslaw Decorated Birthday Cake or Plain Cake Square 1% or Skim Milk	Greek Chicken Salad Diced Chicken, Cucumber & Tomato over Romaine Blend w/ Greek Feta Dressing Crackers(2pks) 100% Fruit Punch Juice Tropical Fruit 1% or Skim Milk	Roast Beef & Cheddar on Kaiser Bun w/ Lettuce & Tomato Marinated Vegetable Salad Cinnamon Pears 1% or Skim Milk
<b>Monday 6/15/2020</b>	<b>Tuesday 6/16/2020</b>	<b>Wednesday 6/17/2020</b>	<b>Thursday 6/18/2020</b>	<b>Friday 6/19/2020</b>
Classic Chef Salad Turkey, Ham, Diced Egg American & Grape Tomatoes over Romaine Blend Lettuce Crackers (2pk) 100% Apple Juice Mandarin Oranges 1% or Skim Milk	Chicken Salad on Croissant w/ Lettuce & Tomato Broccoli Salad Cinnamon Applesauce 1% or Skim Milk	Ham & Cheddar on Wheat Bread w/ Lettuce & Tomato Cowboy Caviar Pineapple Tidbits 1% or Skim Milk	Chicken Caesar Salad w/ Caesar Dressing over Romaine Blend Lettuce Housemade Croutons 100% Grape Juice Banana Pudding or Diet Pudding 1% or Skim Milk	Teriyaki Chicken Strips Shredded Carrots & Chow Mein Noodles over Romaine Blend with Asian Dressing Crackers(2pks) 100% Orange Juice Frosted Brownie or Diet Cookies 1% or Skim Milk
<b>Monday 6/22/2020</b>	<b>Tuesday 6/23/2020</b>	<b>Wednesday 6/24/2020</b>	<b>Thursday 6/25/2020</b>	<b>Friday 6/26/2020</b>
Chicken Salad on Honey Wheat Bread w/ Lettuce & Tomato Potato Salad Fresh Orange 1% or Skim Milk	Black & Bleu Salad Roast Beef, Blue Cheese Caramelized Red Onion Romaine Lettuce Blend Tomato Wedges Crackers & 100% Grape Juice Ambrosia Fruit Salad 1% Milk or Skim Milk	Turkey Chef Salad Diced Turkey, Diced Egg Amer. Cheese & Grape Tomatoes Romaine Lettuce Blend Crackers(2pk) 100% Fruit Punch Fruit Mix 1% or Skim Milk	Crab Salad on Marble Bread w/ Lettuce & Tomato Cowboy Caviar Tropical Fruit Mix 1% or Skim Milk	Creamy Cheese Tortellini over Romaine Lettuce Blend w/ Grape Tomato & Black Olive Crackers(2pk) Chocolate Chip Muffin or Diet Cookies 1% or Skim Milk
<b>Monday 6/29/2020</b>	<b>Tuesday 6/30/2020</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Chicken Pasta Salad over Romaine Blend Lettuce Sweet Potato Salad Housemade Croutons Jell-O Cake or Diet Jell-O Cake 1% or Skim Milk	Roast Beef Chef Salad Roast Beef, Diced Egg Amer. Cheese & Grape Tomatoes Romaine Lettuce Blend Crackers(2pk) 100% Apple Juice Diced Pears 1% or Skim Milk			

\*Salad dressing and Condiments available at senior centers

Menus subject to change