




**Eastern Nebraska Office on Aging
Meals on Wheels
May 2020**

| Monday | Tuesday | Wednesday | Thursday | Friday 5/1/2020 |
|--|--|---|--|--|
|  |  | | | Creamed Chicken Gravy Potato Medley Winter Blend Veggies Biscuit Cherry Muffin Square 1% Milk |
| Monday 5/4/2020 | Tuesday 5/5/2020 | Wednesday 5/6/2020 | Thursday 5/7/2020 | Friday 5/8/2020 |
| BBQ Pork Rib Patty BBQ Baked Beans Creamed Corn WG Coney Bun Peaches & Strawberries 1% Milk | Cheesy Chicken Breast Mexican Rice Mexican Bean Trio WG Breadstick/Marg Chocolate Pudding 1% Milk | Baked Cod Loin in Pesto Cream Sauce Diced Sweet Potatoes Green Peas Marble Bread/Marg Strawberry Applesauce 1% Milk | Swedish Meatballs Scalloped Potatoes Diced Glazed Beets Petite Roll/Marg Mandarin Oranges 1% Milk | Beef & Noodle Cass. Diced Carrots Green Beans WG Bread Slice/Marg Pineapple 1% Milk |
| Monday 5/11/2020 | Tuesday 5/12/2020 | Wednesday 5/13/2020 | Thursday 5/14/2020 | Friday 5/15/2020 |
| Cheeseburger Meatloaf Diced Baby Red Potatoes Mixed Vegetables WG Hamurger Bun Fruit Mix 1% Milk | Oven Fried Chicken Breast w/ Country Gravy Mashed Potatoes Corn Vienna Bread Slice/Marg Peanut Butter Cookie 1% Milk | Baked Ham with Citrus Glaze 1/2 Baked Potato Carrot Coins Honey Wheat Bread/Marg Plain Cake Square Sour Cream PC 1% Milk | Lemon Pepper Chicken Breast Brown Rice Zucchini & Tomatoes WG Breadstick/Marg Ambrosia Fruit Salad 1% Milk | Beef Ravioli & Marinara Capri Blend Vegetables Brussels Sprouts WG Breadstick/Marg Chocolate Chip Muffin 1% Milk |
| Monday 5/18/2020 | Tuesday 5/19/2020 | Wednesday 5/20/2020 | Thursday 5/21/2020 | Friday 5/22/2020 |
| 10 Grain Fish Au gratin Potatoes Broccoli WG Dinner Roll/Marg Peach Yogurt Tartar Sauce 1% Milk | Turkey Tetrazini with WG Pasta Green Peas Chuckwagon Corn WG Dinner Roll/Marg Diced Peaches 1% Milk | Sloppy Joe Sandwich Seasoned Potato Wedges Mixed Vegetables WG Hamburger Bun Tropical Fruit Mix 1% Milk | Roast Beef & Gravy Mashed Potatoes Roasted Baby Carrots Heavy Hearth Roll/Marg Fruit Cobbler 1% Milk | Sweet & Sour Chicken Brown Rice Pilaf Oriental Blend Veggies Egg Roll Cinnamon Raisin Bread Fruit Cocktail 1% Milk |
| Monday 5/25/2020 | Tuesday 5/26/2020 | Wednesday 5/27/2020 | Thursday 5/28/2020 | Friday 5/29/2020 |
|  Meals by Reservation Only | Ball Park Bratwurst Shredded Sauerkraut Potato Wedges WG Mini Hoagie Bun Fresh Orange 1% Milk | Taco Meat Corn Glazed Pineapple Lettuce, Tomato, Cheese 8" Flour Tortilla Taco Sauce PC 1% Milk | Ground Beef Stew/Veg Winter Mix WG Mini Biscuit Diet Jell-O Cake 1% Milk | Pork Chop in Gravy Twice Baked Whip Potato Crinkle Cut Carrots WG Dinner Roll/Marg Lemon Pudding 1% Milk |

Menus Subject to Change