

**Eastern Nebraska Office on Aging
Meals on Wheels Menus
February 2021**

Monday 2/1/2021	Tuesday 2/2/2021	Wednesday 2/3/2021	Thursday 2/4/2021	Friday 2/5/2021
Ham & Scalloped Potato Broccoli Cinnamon Apple Slices WG Dinner Roll/Marg 1% Milk	Pizza Joe Sandwich Seasoned Potato Wedges Italian Blend Veggies WG Hamburger Bun Fruit Cocktail 1% Milk	Hawaiian BBQ Chicken Brown Rice Pilaf Cauliflower Rye Bread/Marg Butterscotch Pudding 1% Milk	Roasted Pork Chop with Apple Chutney Mashed Potatoes Green Beans Wheatberry Roll/Marg Mandarin Oranges 1% Milk	Beef Stew w/ Potatoes Carrots & Peas Chuckwagon Corn Glazed Pineapple Mini Buttermilk Biscuit/ Marg 1% Milk
Monday 2/8/2021	Tuesday 2/9/2021	Wednesday 2/10/2021	Thursday 2/11/2021	Friday 2/12/2021
Fried Chicken Breast/Gravy Roasted Baby Red Potatoes Spinach Casserole Honey Wheat Bread/Marg Diced Peaches BBQ Sauce PC 1% Milk	Italian Meatballs 1/2 Baked Potato Broccoli WG Breadstick/Marg Sugar Cookie Sour Cream PC 1% Milk	Sliced Roast Beef/Gravy Garlic Mashed Potatoes Brussels Sprouts Vienna Bread/Marg Plain Cake Square 1% Milk	Meatloaf/Gravy Twice Baked Mashed Glazed Carrots WG Dinner Roll/Marg Fruit Mix 1% Milk	Pork Fritter & Gravy Mashed Potatoes Creamed Cabbage Marble Bread/Marg Strawberry Cheesecake Pudding 1% Milk
Monday 2/15/2021	Tuesday 2/16/2021	Wednesday 2/17/2021	Thursday 2/18/2021	Friday 2/19/2021
 Meals by Reservation Only	Hamburger Patty Baked Beans Mixed Vegetables Leaf Lettuce & Tomato WG Hamburger Bun Fresh Orange 1% Milk	Baked Cod Loin in Citrus Cream Sauce HDiced Sweet Potatoes Green Peas Pumpernickel Bread/Marg Apricot Halves 1% Milk	Teriyaki Meatballs Oriental Blend Veggies Green Beans Cinn. Raisin Bread/Marg Diced Pears 1% Milk	Cheese Ravioli with Marinara Sauce Cauliflower Diced Carrots WG Breadstick/Marg Mandarin Oranges 1% Milk
Monday 2/22/2021	Tuesday 2/23/2021	Wednesday 2/24/2021	Thursday 2/25/2021	Friday 2/26/2021
Ham & Northern Beans Spinach Casserole Cherry Cobbler WG Dinner Roll/Marg 1% Milk	Turkey Breast & Gravy Potato Medley Zucchini & Tomatoes WG Dinner Roll/Marg Plain Cake Square 1% Milk	Meatballs with Onion Gravy Whipped Potatoes Green Beans Honey Wheat Bread/Marg Blueberry Muffin Square 1% Milk	Taco Meat Fiesta Corn Cinnamon Applesauce Lettuce/Tomato/Cheese 8" Flour Tortilla Taco Sauce PC 1% Milk	10 Grain Fish Filet Diced Baby Reds Oven Roasted Vegetables Italian Roll/Marg Chocolate Chip Cookie Tartar Sauce PC 1% Milk
				