



**Eastern Nebraska Office on Aging  
Meals on Wheels  
April 2021**

			<p align="center"><b>Thursday 4/1/2021</b></p> <p>Ground Beef Stew with Vegetables Chuckwagon Corn Cinnamon Pear Slices WG Mini Biscuit/Marg 1% Milk</p>	<p align="center"><b>Friday 4/2/2021</b></p> <p>Cheese Ravioli with Marinara Sauce Green Beans Diced Carrots Marble Bread/Marg Banana Muffin Square 1% Milk</p>
<p align="center"><b>Monday 4/5/2021</b></p> <p>Sloppy Joe Sandwich Seasoned Potato Wedges Mixed Vegetables WG Hamburger Bun Tropical Fruit Mix 1% Milk</p>	<p align="center"><b>Tuesday 4/6/2021</b></p> <p>Cheesy Chicken Breast Fiesta Rice Fiesta Bean Trio WG Breadstick/Marg Fruit Cocktail 1% Milk</p>	<p align="center"><b>Wednesday 4/7/2021</b></p> <p>Roast Beef &amp; Gravy Garlic Mashed Potatoes Roasted Baby Carrots Honey Wheat Bread/Marg Plain Cake Square 1% Milk</p>	<p align="center"><b>Thursday 4/8/2021</b></p> <p>Creamed Chicken Gravy Diced Baby Red Potatoes Broccoli Buttermilk Biscuit Peaches 1% Milk</p>	<p align="center"><b>Friday 4/9/2021</b></p> <p>BBQ Pork Rib Patty BBQ Baked Beans Cauliflower WG Coney Bun Mandarin Oranges 1% Milk</p>
<p align="center"><b>Monday 4/12/2021</b></p> <p>Lemon Pepper Chicken Breast Brown Rice Zucchini &amp; Tomatoes WG Breadstick/Marg Chocolate Chip Muffin 1% Milk</p>	<p align="center"><b>Tuesday 4/13/2021</b></p> <p>Hamburger Patty Cheesy Hashbrowns Mixed Vegetables WG Hamurger Bun Ambrosia Fruit Salad Lettuce &amp; Tomato Slice 1% Milk</p>	<p align="center"><b>Wednesday 4/14/2021</b></p> <p>Pork Chop in Gravy 1/2 Baked Potato Winter Blend Vegetables WG Bread Slice/Marg Plain Cake Square Sour Cream PC 1% Milk</p>	<p align="center"><b>Thursday 4/15/2021</b></p> <p>Swedish Meatballs Mashed Potatoes Diced Glazed Beets Petite Roll/Marg Strawberry Applesauce 1% Milk</p>	<p align="center"><b>Friday 4/16/2021</b></p> <p>Hamburger Pizza Pasta w/ Pepperoni &amp; WG Rotini Corn Italian Blend Vegetables Italian Roll/Marg Diced Pears 1% Milk</p>
<p align="center"><b>Monday 4/19/2021</b></p> <p>Ball Park Bratwurst Shredded Sauerkraut Seasoned Potato Wedges WG Mini Hoagie Bun Fresh Orange 1% Milk</p>	<p align="center"><b>Tuesday 4/20/2021</b></p> <p>Taco Meat Refried Beans Glazed Pineapple Lettuce, Tomato, Cheese 8" Flour Tortilla Shell Taco Sauce PC 1% Milk</p>	<p align="center"><b>Wednesday 4/21/2021</b></p> <p>Meatballs &amp; Gravy Stewed Tomatoes Mashed Potatoes WG Bread Slice/Marg Applesauce 1% Milk</p>	<p align="center"><b>Thursday 4/22/2021</b></p> <p>Beef Ravioli &amp; Marinara Carrots Mixed Fruit WG Breadstick/Marg Romaine Blend Salad Dressing PC 1% Milk</p>	<p align="center"><b>Friday 4/23/2021</b></p> <p>Sweet &amp; Sour Chicken Brown Rice Cauliflower Cinnamon Raisin Bread Diet Jell-O Cake 1% Milk</p>
<p align="center"><b>Monday 4/26/2021</b></p> <p>Turkey Tetrazini with WG Pasta Green Peas Chuckwagon Corn WG Dinner Roll/Marg Diced Peaches 1% Milk</p>	<p align="center"><b>Tuesday 4/27/2021</b></p> <p>10 Grain Fish Filet Diced Baby Red Potatoes Spring Blend Vegetables Marble Rye/Marg Peanut Butter Cookie Tartar Sauce PC 1% Milk</p>	<p align="center"><b>Wednesday 4/28/2021</b></p> <p>Country Fried Steak w/ Country Gravy Mashed Potatoes Mixed Vegetables Vienna Bread/Marg Sliced Pears 1% Milk</p>	<p align="center"><b>Thursday 4/29/2021</b></p> <p>Meatloaf in Gravy Twice Baked Whip Potatoes Green Beans Sourdough Roll/Marg Oatmeal Cream Pie 1% Milk</p>	<p align="center"><b>Friday 4/30/2021</b></p> <p>Baked Ham Potato Medley Winter Blend Veggies WG Dinner Roll/Marg Cherry Muffin Square 1% Milk</p>